The Papaya Dance

拍数: 32

级数: Absolute Beginner Fun dance

编舞者: Adam Åstmar (SWE) - 27 July 2022

音乐: Papaya (Sick Wit It Crew Mix) - Conkarah

Intro: 32 counts from start of track, approx. 16 seconds. Important information: Restart occur on wall 5 after 16 counts.

Sect – 1: Side Rock. Triple Step. Side Rock. Triple Step.

- 1 2 Rock right on RF (1). Recover on LF (2).
- 3 & 4 Triple step on the spot stepping RF next to LF (3). LF next to RF (&). RF next to LF (4).
- 5 6 Rock left on LF (5). Recover on RF (6).
- 7 & 8 Triple step on the spot stepping LF next to RF (3). RF next to LF (&). LF next to RF (4).

Sect – 2: Forward. Touch. Walk Back L, R. Back. Touch Across. Walk Forward R, L.

- 1 2 Step forward on RF (1). Touch LF behind RF (2).
- 3 4 Step back on LF (3). Step back on RF (4).
- 5 6 Step back on LF (5). Touch RF across LF (6).
- 7 8 Walk forward on RF (7). Walk forward on LF (8).
- Note: Restart occurs here at wall 5 -

Sect – 3: V-Step with wavey Arms. Step 1/8 Turn x2.

- 1 2
 Step diagonally out on RF stretching hands out in front of you, L hand diagonally up and R hand diagonally down (1). Step diagonally out on LF stretching hands out in front of you, R hand diagonally up and L hand diagonally down (2).
- 3 4 Step back on RF moving L hand diagonally up and R hand diagonally down (3). Close LF next to RF moving R hand diagonally up and L hand diagonally down (4).
- 5 6 Step forward on RF (5). Turn 1/8 left placing weight on LF (6). {10:30}
- 7 8 Step forward on RF (7). Turn 1/8 left placing weight on LF (8). {9:00}

Sect – 4: V-Step with wavey Arms. Jazz Box with Cross.

- 1 2
 Step diagonally out on RF stretching hands out in front of you, L hand diagonally up and R hand diagonally down (1). Step diagonally out on LF stretching hands out in front of you, R hand diagonally up and L hand diagonally down (2).
- 3 4 Step back on RF moving L hand diagonally up and R hand diagonally down (3).Close LF next to RF moving R hand diagonally up and L hand diagonally down (4).
- 5 6 Cross RF over LF (5). Step back on LF (6).
- 7 8 Step right on RF (7). Cross LF over RF (8).

Have fun!

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墙数:4