

Better When She's Dancin' (Amy's Dance)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Elena Austin (USA) - July 2022
音乐: Better When I'm Dancin' - Meghan Trainor



Intro – 16 Counts - Restart: Wall 3 After 16 Counts
R = Right Foot L = Left Foot Fwd = Forward

[1-8] R KICKBALL CHANGE, R FWD SHUFFLE, SIDE, BEHIND, HEEL, CROSS

1&2 R kick fwd, rock back with ball of R, recover weight fwd on L
3&4 Shuffle Fwd (R, L, R)
5-6 Step L to left side, step R behind L
&7&8 Step L to left side , touch R heel on right diagonal, step R center, cross L over R

[9-16] ¼ TURN, ¼ TURN, CROSS SHUFFLE, L SIDE ROCK, RECOVER, STEP, R SIDE ROCK, RECOVER

1-2 ¼ turn left, step back on R, ¼ turn left, step L to left side (6:00)
3&4 Step R over L, step L to left side, step R over L
5 6 & L rock to left side, recover on R, step L next to R (This can be done with a slight hopping motion)
7-8 R rock to right side, recover on L

-----RESTART HERE ON WALL 3 (YOU WILL BE FACING 6:00 WHEN RESTART HAPPENS)-----
END OF DANCE HAPPENS HERE: ADD IN, TOUCH R NEXT TO L AND THROW ARMS UP AND POSE

[17-24] R SAILOR STEP ¼ TURN, L SHUFFLE ½ TURN, R BACK MAMBO, L SIDE MAMBO

1&2 R cross behind L, ¼ turn to right stepping on L, R step forward (9:00)
3&4 L ¼ turn to right, R steps close to L, ¼ turn to right stepping back on L (3:00)
5&6 R rocks back, recover on L, step R next to L (optional: move those hips mambo style)
7&8 L rocks to left side, recover on R, L steps next to R (optional: move those hips mambo style)

[25-32] R SIDE STEP, ¼ TURN L KICK, L COASTER STEP, ½ TURN R SHUFFLE, L BACK MAMBO

1-2 Step R to right Side, kick L as you ¼ turn to the left (12:00)
3&4 Coaster Step (L, R, L)
5&6 R ¼ turn to left, L steps close to R, ¼ turn to left stepping back on R (6:00)
7&8 L rocks back, recover on R, step L next to R (optional: mambo hips)

START AGAIN!

HAPPY BIRTHDAY AMY!

Last Update: 4 Aug 2022