Blowin' Smoke



编舞者: Yvonne (Krause) Halsey (USA) - June 2022

音乐: Blowin' Smoke - Teddy Swims



#8 Intro No Tags, No Restarts

[1-8] STEP HOLD, BALL STEP HOLD & ROCK RECOVER, COASTER STEP

1-2& Step forward on right and hold, step left next to right.3-4& Step forward on right and hold, step left next to right.

5-6 Rock forward on right, recover onto left.

7&8 Step back on right, step left next to right, step forward on right.

[9-16] STEP HOLD, BALL STEP HOLD & ROCK RECOVER, SHUFFLE ½ LEFT

1-2& Step forward on left and hold, step right next to left.3-4& Step forward on left and hold, step right next to left.

5-6 Rock forward on left, recover onto right.

7&8 As you shuffle ½ turn left step left, right, left. (6:00)

[17-24] SYNCOPATED JAZZ BOX INTO A CROSSING SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE CROSS

1-2& Cross right over left, step back on left, step right next to left. 3&4 Cross left over right, step right to side, cross left over right.

5-6 Rock right to right side, recover onto left.

7&8 Cross right behind left, step left to left side, cross right over left.

[25-32] TURN ¼ RIGHT, SHUFFLE FORWARD, HEEL SWITCHES, FORWARD RIGHT & LEFT, PIVOT ¼ LEFT

1-2 Step back on left making a ¼ turn right, step forward on right. (9:00)

3&4 Shuffle forward on left by stepping left, right, left.
5& Touch right heel forward, step right beside left.
6& Touch left heel forward, step left beside right.
7-8 Step forward on right, pivot ¼ turn left. (6:00)

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com