If It Feels Good, Dance

拍数: 40　　　　**墙数:** 4　　　　**级数:** Improver

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音乐: You Make Me Feel Like Dancing - Leo Sayer

S1: Out, Out, Coaster Step, Out, Out, Coaster Step

1, 2	Right foot out, Left Foot Out
3 & 4	Right foot back, Left foot next to Right, Right foot forward
5, 6	Left foot out, Right foot out
7 & 8	Left foot back, Right foot next to Left, Left foot forward

S2: Chasse Right, Rock, Chasse Left, Rock with 1/4 turn

1 & 2	Right foot to Right side, Left foot next to right, Right foot to Right side
3, 4	Cross rock Left behind Right, Recover onto Right
5 & 6	Left foot to Left side, Right foot next to Left, Left foot to Left side
7, 8	Cross rock Right behind Left, whilst recovering onto Left, turn 1/4 Right

S3: Walk, Walk, Shuffle, Walk, Walk, Mambo Step

1, 2	Right foot forward, Left foot forward
3 & 4	Right foot forward, Left foot behind Right, Right foot forward
5, 6	Left foot forward, Right foot forward
7 & 8	Left foot forward, Right foot next to Left, Left foot back

S4: Point, Back, Point, Back, Point, Back, Coaster Step

1, 2	Point Right to Right side, Right foot back
3, 4	Point Left to Left side, Left foot back
5, 6	Point Right to Right side, Right foot back
7 & 8	Left foot back, Right foot next to Left, Left foot forward

S5: Grapevine, Touch, Return, Chasse

1, 2, 3, 4	Right foot to Right side, Left foot behind Right, Right foot to Right side, Left foot touch next to Right
5	Touch Left foot to Left side
6	Return Left foot next to Right
7 & 8	Left foot to Left side, Right foot next to Left, Left foot to Left side

* RESTARTS:-
- Wall 5 after 32 counts
- Wall 7 after 16 counts