

My Pretty Girl

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Yvonne (Krause) Halsey (USA) - May 2022
音乐: Mi Niña Bonita - Chino & Nacho



#32 Intro - No Tags, No Restarts

[1-8] HEEL BOUNCES RIGHT & LEFT

- 1-4 Bounce right foot slightly forward four times.
5-8 Bounce left foot slightly forward four times.

[9-16] RIGHT ROCKING CHAIR, RIGHT STEP LOCK, STEP LOCK STEP

- 1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left.
5-6 Step forward on right, lock left behind right.
7&8 Step forward on right, lock left behind right, step forward on right.

[17-24] LEFT ROCKING CHAIR, LEFT STEP LOCK, STEP LOCK STEP

- 1-4 Rock forward on left, rock back on right, rock back on left, rock forward on right.
5-6 Step forward on left, lock right behind left.
7&8 Step forward on left, lock right behind left, step forward on left.

[25-32] JAZZ BOX, JAZZ BOX w/1/4 TURN

- 1-4 Cross right over left, step back on left, step back on right, step left next to right.
5-8 Cross right over left, step back on left, step ¼ right, step left slightly forward. (3:00)

[33-40] HIP BUMPS FORWARD & BACK, SWAY FORWARD & BACK

- 1-4 Bump hips twice slightly forward weight on right then twice back weight on left.
5-8 Sway hips forward and back, right, left, right, left.

[41-48] WALK, WALK, SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE ½ LEFT

- 1-2 Walk forward right, left.
3&4 Shuffle forward by stepping right, left, right.
5-6 Rock forward on left, recover onto right.
7&8 As you make a ½ turn left step left, right, left. (9:00)

[49-56] STEP POINT, STEP POINT, ROCK RECOVER, COASTER STEP

- 1-4 Step forward on right, point left to side, step forward left, point right to side.
5-6 Rock forward on right, recover onto left.
7&8 Step back on right, step left next to right, step forward on right.

[56-64] STEP POINT, STEP POINT, ROCK RECOVER, COASTER STEP w/1/4 LEFT

- 1-4 Step forward on left, point right to side, step forward on right, point left to side.
5-6 Rock forward on left, recover onto right.
7&8 Make a ¼ turn left stepping back on left, step right next to left, step forward on left. (6:00)

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com
Last Update – 12 Aug. 2022