

Whine Up Samba

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Beginner Samba
编舞者: Hee Yon Kim (KOR) - August 2022
音乐: Whine Up (feat. Elephant Man) - Kat Deluna : (Album : Strictly the best vol.37)



No Tag, No Restart

S1: TRAVELLING VOLTA TO LEFT, RIGHT, HITCH

1a2a Cross R over L (1), Step L to side (a) Cross R over L (2) Step L to side (a)
3a4& Cross R over L (3), Step L to side (a) Cross R over L (4), Hitch L knee up (a)
5a6a Cross L over R (5), Step R to side (a) Cross L over R (6), Step R to side (a)
7a8 Cross L over R (7), Step R to side (a) Cross L over (8)

S2: CROSS SAMBA RIGHT, LEFT

1&2 Cross R over L (1) Rock L to side (a) Recover on R (2)
3&4 Cross L over R (3) Rock R to side (a) Recover on L (4)
5&6 Step R.F back (5) press L.F fwd (&) roll hip(6)
7&8 Step L.F back (7)press R,F fwd (&) roll hip (8)

S3: SAMBA WHISK

1a2 Step R to side (1) Rock L behind R (a) Recover on R (2)
3a4 Step L to side (3) Rock R behind L (a) Recover on L (4)
5&6 Step R.F back (5) press L.F fwd(&) roll hip (6)
7&8 Step L.F back (7) press R.F fwd (&) roll hip (8)

S4: SAMBA WALKS

1 2 a Step right forward (1) Rock left back (2) Recover weight back to right (a)
3.4 a Step left forward (3) Rock right back (4) Recover weight back to left (a)
5 6 a Step right forward (5) Rock left back (6) Recover weight back to right (a)
7 8 a Step left forward (7) Rock right back (8) Recover weight back to left (a)

S5 FORWARD, SHFFLE FWD STEPPING

1 2 Step R forward (1) Step L forward (2)
3&4 Shuffle Fwd stepping R-L-R
5.6. Point L Fwd (5) LF flicking turn 1/2 R (6)
7&8 Shuffle Fwd stepping L-R-L

Thank you for watching my choreography. Enjoy your Samba dance!

Last Update: 27 Aug 2022