U Gurl



编舞者: Amy Christian (USA) - August 2022

音乐: U Gurl - Walker Hayes



Intro: 16 counts. (No tags or restarts).

STEP FORWARD, PIVOT 1/2 WITH L HITCH, DOUBLE BUMP, SIDE, TOGETHER, HIP ROLL,

1-2 Step R forward, Pivot ½ turn left as you Hitch L, [6:00]

3&4 Step L out to left side as you double bump L,

5-6 Take a big step to right side dragging L, Step L next to R,

7-8 Do a CCW hip roll, (weight ends on L),

CROSS, POINT, CROSS, POINT, BIG STEP BACK, TOGETHER, KNEE BOUNCES X 2,

1-4 Step R across L, Touch L out (Snaps), Step L across R, Touch R out (Snaps),

5-6 Take a big step back on R, Step L next to R,

7&8& Bend knees slightly, Straighten up, Bend knees slightly, Straighten up,

ACROSS, SIDE, ACROSS, SIDE, BACK, BACK, BACK, TOGETHER,

1-4 Step R across L, Step L to left side, Step R across L, Step L to left side,

5-8 Go backward, R, L, R, Step L next to R, (Shake your booty or shimmy shoulders),

SIDE-TOUCH WITH HIPS ROLLS X 2, ROCKING CHAIR,

Step R to right side, as you roll your hips CCW back and around, Touch L out to left side,
Step L to left side, as you roll your hips CW back and around, Touch R out to R side,

5-8 (Rocking Chair) Rock forward on R, Recover on L, Rock back on R, Recover on L,

Start over!

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