

For the Love of Rumba

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Helaine Norman (USA) - August 2022
音乐: Historia de un Amor - Ramón Solé : (Album: Boleros - Use the 3:18 minutes.)



Tag: 2 Restart: 0

I. FORWARD HALF RUMBA, HOLD (OR TOUCH TOGETHER) (X2)

1-4 Step R side, step L together, step R forward, hold (or touch together)
5-8 Step L side, step R together, step L forward, hold (or touch together)

II. REPEAT SECTION I. BACKWARD

III. ROCK RECOVER, ½ L PIVOT TURN, ¼ L PIVOT TURN; OVER, SIDE, BEHIND, SWEEP

1-2 Rock R back, recover to L
3-4 Step R forward making ½ turn left, weight to L (6:00)
5-6 Step R forward making ¼ turn left, weight to L (3:00)
7-8 Step R over, point L side

IV. BEHIND, SIDE, OVER, HOLD; SWAY SWAY, TOUCH, HOLD

1-2 Step L behind, step R side
3-4 Step L over, hold
5-6 Rock R side (with hip sway), recover to L
7-8 Draw R and touch together (weight stays on L)

REPEAT

*RESTARTS: After 16 counts during walls 4 and 8 facing 9:00

END: Ends at 12:00 after 12 counts

Contact: Helaine43@gmail.com

Last Update: 16 July 2024