

# Heads Carolina

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Feargal Keegan (IRE) - August 2022  
音乐: She Had Me At Heads Carolina - Cole Swindell



**Intro: 16 counts - No tags or restarts!**

**Section 1: Side, Behind, Side, Touch, 1¼ turn with Shuffle forward**

1, 2      Step R to R side, step L behind R  
3, 4      Step R to R side, touch L beside R  
5, 6      ¼ left stepping L forward, ½ turn stepping R back  
7&8      Shuffle ½ turn L-R-L (9 o'clock)

**Section 2: R Kick & point, L Kick & point, R sailor step, L heel grind ¼ turn**

1&2      Kick R forward, step R beside L, touch L toe to L side  
3&4      Kick L forward, step L beside R, touch R toe to R side  
5&6      Step R behind L, step L in place, step R to R side  
7, 8      L heel grind turning ¼ over L shoulder, step R in place (6 o'clock)

**Section 3: Step, Touch, Walks back, Back rock, Shuffle forward**

1, 2      Step L to L side, touch R beside L  
3, 4      Step R back, step L back  
5, 6      Rock R back, recover  
7&8      Shuffle forward R-L-R (6 o'clock)

**Section 4: ¼ Jazz box, Touch, Hip sways**

1, 2      Cross L over R, step R back turning ¼ over L shoulder  
3, 4      Step L to L side, touch R beside L  
5, 6      Step R to R side bumping hip R, hip L  
7, 8      Hip R, hip L (3 o'clock)

**Last Update: 16 Jan 2023**

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