

# All Shook Up

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Anne Livingston (UK) - August 2022  
音乐: All Shook Up - Whissell



**Intro: 8 Counts (start about 4 seconds) No tags or restarts!**

**Section 1 Kick Right Ball change, Stomp Clap, Kick Left Ball change, Stomp Clap**

- 1 & 2      Kick right forward, Step slightly back on Right foot, step left in place.
- 3, 4      Stomp Right slightly forward. Clap hands.
- 5 & 6      Kick left forward, Step slightly back on left foot, step right in place.
- 7, 8      Stomp Left slightly forward. Clap hands.

**Section 2 R & L Toe Struts, Rock Fwd, Recover, Right Coaster Step**

- 1 - 4      Right toe strut fwd, Left toe strut fwd
- 5, 6      Rock fwd onto right, recover onto left
- 7 & 8      Step back on right, Step L next to R, step forward on right.

**Section 3 L & R Toe Struts, Rock Fwd, Recover, Left Coaster Step**

- 1 - 4      Left toe strut fwd, Right toe strut fwd
- 5, 6      Rock fwd onto left, recover onto right
- 7 & 8      Step back on left, Step R next to L, step forward on left.

**Section 4 Rt Grapevine, L Grapevine 1/4 Turn**

- 1, 2      Step right to right side, step left behind right
- 3, 4      Step right to right side, touch left beside right
- 5, 6      Step left to left side, step right behind left
- 7, 8      Turn 1/4 turn left as you step forward on left, Stomp right beside left.

**On the final wall (Wall 12 starts at 3:00) the music ends on Count 31.  
Finish the dance (facing 12:00) with the final Stomp after the music finishes.**

**Option 1: Turn the 2nd vine into a rolling vine for more experienced dancers (or both vines if you like).**

**OPTION 2 - dance walls 1-4 with grapevine right, grapevine left with quarter turn left.**

**Dance walls 5-8 with rolling grapevine to right,**

**And grapevine to left with quarter turn to left.**

**Dance walls 9-12 with grapevine (without any turn) to right**

**And change each left grapevine to a rolling vine to the left one and a quarter turns.**

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**Last Update: 17 Jul 2023**