

Don't Miss a Thing

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2
编舞者: Sherry Kemp (USA) - August 2022
音乐: Miss a Thing - Kylie Minogue

级数: Absolute Beginner



#32 intro after "Dance". Begin on "Get". - No restart or tag.

Walk forward, hitch, walk back, hitch

1-4 Walk forward R L R, L hitch
5-8 Walk back L R L, R hitch

Forward step, back touch, step back, heel forward, step, diagonal point left, step, diagonal point right

1-2 R step forward, L touch behind
3-4 L step in place, R heel touch forward
5-6 R step back, L point diagonally forward left
7-8 L step back, R point diagonally forward right

Vine ending with behind touch, x2 (right then left)

1-4 R step right, L behind, R side, L touch behind (toe only)
5-8 L step left, R behind, L side, R touch behind

Step right, together, step 1/4 turn right, touch, x2

1-2 Right step right, L together
3-4 L step forward 1/4 pivot right, R touch to L
5-6 R step right, L together
7-8 L step forward 1/4 pivot right, R step touch to L

Option to walk with arms moving forward opposite steps forward, leaning slightly into the L hitch with R bent elbow toward L knee, and L bent elbow toward R knee leaning slightly back.

* Turning option on 7&8 count in Section 4:

7- L step slightly forward, 8- 1/4 pivot both L&R. This option leaves feet apart to begin the next 4 counts to the second wall so close steps would be recommended.

Paradise by Sade at 100 BPM works for or a slower teach than this 115 and the dance is easily adaptable to various songs and tempos.

Last Update: 22 Aug 2022