

Stay and Dance

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Roosamekto Mamek (INA) - August 2022
音乐: Stay With Me (with Justin Timberlake, Halsey & Pharrell) - Calvin Harris : (Short Version / Edited 3:49 min)



Intro: 64 count (approximately 0:31 – on vocals “They said”)

S1. FORWARD, TURN 1/2 RIGHT WITH SWEEP, BEHIND, SIDE TURN 1/4 RIGHT, CROSS SHUFFLE, FORWARD TURN 1/4 LEFT, PIVOT 1/2 TURN LEFT

- 1-2 Step R forward – Turn 1/2 right step L back and sweep R back (6:00)
- 3& Cross R behind L – Turn 1/4 right step L to side (9:00)
- 4&5 Cross R over L – Step L to side – Cross R over L
- 6-8 Turn 1/4 left step L forward (6:00) – Step R forward – Turn 1/2 left weight on L (12:00)

S2. WALK FORWARD, SUGAR PUSH, WALK BACK, COASTER STEP

- 1-2 Step R forward – Step L forward (12:00)
- 3&4 Step R forward – Step L together – Step R back
- 5-6 Step L back – Step R back
- 7&8 Step L back – Step R together – Step L forward (12:00)

S3. MODIFIED MONTEREY, FORWARD TOUCH WITH TWIST, BACK TOUCH WITH TWIST

- 1-2& Touch R to side – Hold – Step R together (12:00)
- 3-4& Touch L to side – Hold – Step L together
- 5-8 Touch R forward twist booth heels in – Twist booth heel out – Touch R back twist booth heels in – Twist booth heel out (12:00)

S4. FORWARD, TOUCH, DIAGONAL BACK TOUCH

- &1-2 Step R forward – Touch L together bend knee – Hold (12:00)
- &3-4 Step L forward – Touch R together bend knee – Hold
- &5-6 Step R diagonal back – Touch L together bend knee – Hold
- &7-8 Step L diagonal back – Touch R together bend knee – Hold (12:00)

Note : Make bounces while doing this steps

S5. ROLLING VINE FULL TURN RIGHT, TOUCH, HEEL TAPS, TOUCHES

- 1-4 Turn 1/4 right step R forward (3:00) – Turn 1/2 right step L back (9:00) – Turn 1/4 right step R to side – Touch L to side (12:00)
- 5-8 Tap L heel forward (2x) – Touch L to side (2x)

S6. ROLLING VINE FULL TURN LEFT, TOUCH, HEEL TAPS, TOUCHES

- 1-4 Turn 1/4 left step L forward – Turn 1/2 left step R back – Turn 1/4 left step L to side – Touch R to side
- 5-8 Tap R heel forward (2x) – Touch R to side (2x)

S7. JAZZBOX CROSS TURN 1/4 RIGHT, SIDE STEP WITH HIPS ROLLED, HIPS ROLLED

- 1-4 Cross R over L – Turn 1/4 right step L back – Step R to side – Cross L over R (3:00)
- 5-8 Step R to side roll hips from back to right within 2 count – Roll hips from back to left within 2 count (3:00)

S8. WALK FORWARD MAKE A CURVE 1/8 TURN LEFT, RUN FORWARD MAKE A CURVE 1/4 TURN LEFT (SO THESE ARE 3/4 TURN LEFT)

- 1-2 Step R forward – Turn 1/8 left step L forward (1:30)
- 3&4 Turn 1/8 left step R forward (12:00) – Step L forward – Turn 1/8 left step R forward (10:30)

5-6 Step L forward – Turn 1/8 left step R forward (9:00)
7&8 Turn 1/8 left step L forward (7:30) – Step R forward – Turn 1/8 left step L forward (6:00)

REPEAT

Ending : On wall 7 after 32 count

For more info about step sheet & song, please contact:
Mamek : Roosamekto.Nugroho@gmail.com
