A Beer With My Friends



编舞者: Rick Todd (USA) - September 2022

音乐: Beer With My Friends - Kenny Chesney & Old Dominion



Rock to R Side & Cross Shuffle, Rock to L Side & Cross Shuffle

1-2 Rock to right side, recover to left
3&4 Cross right over left and shuffle R L R
5-6 Rock to left side, recover to right
7&8 Cross left over right and shuffle L R L

Lindy Right and Left

1&2 Shuffle R L R to R side
3-4 Rock back on L, recover to R.
5&6 Shuffle L R L to L side
7-8 Rock back on R recover on L

Two R Kickball Changes, 1/4 Jazz Box to the R

1&2 Kick R foot, Step on ball of R, Step on L3&4 Kick R foot, Step on ball of R, Step on L

5-8 Cross R over L, Step back on L, Turn ¼ R step on R, Step L next to R

Rock Forward on R, Recover L, R Coaster, Rock Forward L recover R then L coaster

1-2 Rock forward on R, Recover To L

3&4 Step back in R, Step L next to R, Step Forward on R

5-6. Rock forward on L, Recover To R

7&8 Step back on L, Step R next to L, Step forward to L

Repeat dance...

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