I'm Not Yours



拍数: 48 墙数: 1 级数: Phrased Advanced

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音乐: Yours - Conan Gray



Intro: 16 Counts

Phrased: A - A (16 counts) - B1 - B2 - TAG 1 - A - B1 - B2 - TAG 2 - A - Ending

Part A

[1 – 8] Lunge, Rolling Vine, Run x3, Rock Back, Kick, Run Back x2

1 Step R to R and lean R as you bend R knee (1), 12:00

2&3 Make ¼ turn L stepping L fwd (2), Make ½ turn L stepping R back (&), Make 3/8 turn L

stepping L fwd into diagonal (3)

Option: during wall 1 & ?, you can change the counting going faster 2&a with the same steps and hold count 3 to follow the melody 10:30

4&5 Step R fwd (4), Step L fwd (&), Step R fwd (5) 10:30

6&7 Recover on L (6), Recover on R (&), Recover on L as you kick R fwd (7) 10:30

8& Step R back (8), Step L back (&) 10:30

[9 – 16] Step & Hitch, Cross, ½ turn, Back Step & Sweep x3, Touch, Unwind with bounces, Run back x2

1 Step R to R as you hitch L knee over R (1)

Optional Arms: Push both hands to each side of you, shoulders level, and straight your arms 12:00

2&3 Cross L over R (2), Make 5/8 turn R as you recover on R (&), Make ½ turn R stepping L back

as you sweep R from front to the back (3) 13:30

4&5 Step R back as you sweep L from front to back (4), Step L back as you sweep R from front to

back (&),Touch R behind L (5) 13:30

Unwind ½ turn R as you lift both heels (6), Unwind 3/8 turn R as you lift both heels (&), Raise

on your toes (7) 12:00

8& Step R back (8), Step L back (&) 12:00

[17 – 24] Step Back, Triple Full Turn, Step Lock Step & Sweep, Cross, Side, ½ turn Hitch, Rock Back

1 Step R back (1) 12:00

2&3 Recover on L (2), Make ½ turn L stepping R back (&), Make ½ turn L stepping R fwd (3)

12:00

4&5 Step R fwd (4), Cross L behind R (&), Step R fwd as you sweep L from back to front (5) 12:00

6&7 Cross L over R (6), Step R to R (&), Make ½ turn L as you hitch L knee up (7) 6:00

8& Step L back (8), Recover on R (&) 6:00

[25 – 32] Spiral Turn, Step Lock, Arabesque, Touch, Lunge, ¼ turn x2, Push

1 Step L fwd and make a full turn on L as you hook R over L (1) 6:00

2&3 Step R fwd (2), Step L fwd (&), Step R fwd as doing an arabesque back with L and reach R

arm up (3) 6:00

4-5-6 Touch L next to R as you bend your knees and make a fist with R hand to bring it back next

to your chest (4), Step L to L and lean on L as you bend L knee(5), Recover on R making 1/4

turn R 6:00

7-8 Make ¼ turn R stepping L to L and start pushing R hand fwd in front of you (7), Push R arm

fwd to finish straight (8)12:00

PART B

[1 – 8] Step & Sweep, ½ turn Sailor Step, Step Back x2, Step & Sweep, ½ turn Sailor Step, Step Lock

1-2 Step R back and sweep L from front to back (1-2) 12:00

&a 3 Cross L behind R (&), Make ¼ turn L stepping R to R (&), Make ¼ turn L stepping L to L (3)

6:00

4&5-6 Step R back (4), Step L back (&), Step R back and sweep L from front to back (5-6) 6:00

&a 7 Cross L behind R (&), Make ½ turn L stepping R to R (a), Make ½ turn L stepping L to L (7)

12:00

8& Step R fwd (8), Cross L behind R (&) 12:00

[9 – 16] Step, ½ Arabesque, Cross, Side Rock, Cross, Side Rock, Point Back, ½ turn

1-2 Step R fwd and start doing a back arabesque to make ½ turn R (1-2) 6:00

3-4& Cross L over R (3), Step R to R (4), Recover on L (&) 6:00 a5-6 Cross R over L (a), Step L to L (5), Recover on R (6) 6:00 Point L back and make ½ turn L stepping on L (7) 12:00

8& B1: To finish the first part B: Step R back (8), Step L back (&) 12:00

B2: To finish the 2nd part B: Drag R next to L (8) 12:00

TAG 1

[1-8] Walk, Hold, Walk, Out Out, Head Circle, Step Back, ½ turn Step

1-2 Step R fwd as you reach out R arm in front of you (1), Hold (2) 12:00

3-4& Step L fwd as you reach out L arm in front of you (3), Step R to R and put R hand beside R

ear (4), Step L to L and put L hand beside L ear (&) 12:00

5-6-7 Roll your head back from L to R to make a full circle (5-6-7) 12:00

8& Step R back (8), Make ½ turn L stepping L fwd (&) 6:00

[32-36] Walk x3, ½ turn

1-2-3-4 Step R fwd (1), Step L fwd (2), Step R fwd (3), Make ½ turn L stepping on L 12:00

TAG 2

[1-8] Walk, Hold, Walk, Out Out, Head Circle, Step Back x2

1-6 Repeat the first 6 counts of the first tag, doing the head circle in 2 counts instead of 3 12:00

7-8 Step R back (7), Step L back (8) 12:00

ENDING

At the end of your last Part A, walking slow to leave the dancefloor