Don't Stop Movin'

拍数: 32

级数: Improver

编舞者: Kathy Kearey (AUS) - November 2021

音乐: Don't Stop Movin' - S Club 7

Start: After 32 Count intro - start on lyrics

STEP FORWARD, PUSH RIGHT HIP FORWARD, STEP BACK RECOVER x2

- 1-2 Step R fwd turning body to left & push R hip forward, recover onto L
- 3-4 Step R to back, recover onto L
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

SHUFFLE FORWARD x2, STEP TURN ½ x2

- 9&10 Shuffle forward R, L, R
- 11&12 Shuffle forward L, R, L
- 13-14 Step R forward, turn ½ to left
- 15-16 Repeat 13-14

SIDE TOGETHER BACK TOUCH, SIDE TOGETHER FORWARD SCUFF

- 17-18 Step R to side, step L next to R
- 19-20 Step R back, touch L next to R
- 21-22 Step L to side, step R next to L
- 23-24 Step L forward, scuff R forward

STEP FWD RECOVER ½ SHUFFLE, STEP FWD RECOVER ¼ SIDE SHUFFLE

- 25-26 Step R forward, recover onto L
- 27&28 Turn $\frac{1}{2}$ to right shuffling forward R, L, R
- 29-30 Step L forward, recover onto R
- 31&32 Turn ¼ to left shuffle to side L, R, L

REPEAT

RESTART: On wall 5 (12:00) after 16 Counts

TAG: V Step at the end of walls 4, 8 and 12

- 1-2 Step R forward diagonally to right, step L forward diagonally to left
- 3-4 Step R back to centre, step L back to centre





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墙数:4

: 4