Only One Time



拍数: 32 墙数: 4 级数: Beginner

编舞者: Yvonne (Krause) Halsey (USA) - August 2022

音乐: Solamente una Vez - Natalie Cole



#24 Intro - No Tags, No Restarts

[1-8] NIGHTCLUB STEPS RIGHT & LEFT

Step right to side, drag left foot to right, rock back on left, recover onto right.
Step left to side, drag right foot to left, rock back on right, recover onto left.

[9-16] TURN 1/4 LEFT, WALK WALK, STEP HOLD, PIVOT 1/2 LEFT

1-4 On ball of right turn ¼ left keeping weight on right, walk left, walk right. (9:00)

5-8 Step forward on left and hold, pivot ½ turn left. (3:00)

[17-24] MAMBO FORWARD & BACK

1-4 Rock forward on right, recover onto left, step right next to left and hold.
5-8 Rock back on left, recover onto right, step left next to right and hold.

[25-32] **SERPENTINE**

1-4 Cross right over left, step left to left side, step right behind left, sweep left front to back.

5-8 Step left behind right, step right to right side, cross left over right and hold.

May You Always Dance Like No One Is Watching

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