Ring On Your Wranglers

COPPERKNO

拍数: 64

墙数: 2

级数: Phrased Intermediate / Advanced

编舞者: Aleigha Elston (USA) & The Dancing Queen B (USA) - September 2022

音乐: Do Si Don'tcha - Tanner Adell

Sequence: A, B, B, TAG1, A, B, B, TAG1, A, B, B, B (16 COUNTS) TAG2, A, B

Notes:

Part A and Tag1 always start facing 12:00 Dance Begins at 6 seconds

PART A: 32c

[1-8] PUSH R - RECOVER - PUSH L - RECOVER - SHAKE (X4)

- (1) Step RF to R side on ball of foot, heel facing out (&) Push off RF replacing weight to LF, 1&2 (2) Step RF to center
- 3&4 (3) LF to L side on ball of foot, heel facing out (&) Push off LF replacing weight to RF (4) LF to center
- 5,6 (5) Sway hips R (6) Sway hips L
- 7.8 (7) Sway hips R (8) Sway hips L

Tons of room for flare on counts 5,6,7,8. Hair flips, body rolls, drop it low etc.

[9-16] PUSSYCAT WALK (X2) - TRIPLE STEP - 1/4 TURN

- 1,2 (1, 2) Over 2 counts & angling body to 10:30, slow step R over L
- 3,4 (3, 4) Over 2 counts & angling body to 1:30, slow step L over R
- 5&6 (5) Step RF forward (&) Step LF to RF (6) Step RF forward
- (7) Step LF forward making 1/4 turn R as you rise onto balls of feet (8) Roll hips down into L 7,8 hip sinking weight into LF

[17-24] HIP ROLL (X2) - HEEL SWIVEL (X2) - FLICK 1/4 TURN - STEP

- 1,2 (1) Hinge forward at hips and push R hip back toward 7:00 (2) Bring hips around to L
- (3) Push R hip back toward 7:00 (4) Bring hips around ending weight on LF 3,4
- 5.6 (5) Shift weight to RF as you swivel your L heel in, (6) Shift weight to LF as you swivel your R heel in
- 7,8 (7) Step RF to R side making 1/4 turn as you flick LF up, (8) Step LF forward

[25-32] ROCK & CROSS (X2) - STEP - 1/2 TURN HITCH - COASTER

- 1&2 (1) Rock RF out to R side, (&) Recover weight onto LF, (2) Cross RF over LF
- 3&4 (3) Rock LF out to L side, (&) Recover weight onto RF, (4) Cross LF over RF
- 5,6 (5) Step RF forward, (6) 1/2 turn over L shoulder hitching LF
- 7&8 (7) Step LF back, (&) Step RF together, (8) Step LF forward

PART B: 32c

[1-8] HEEL GRIND - KNEE POP - COASTER - HEEL GRIND - 1/4 TURN L - COASTER

- 1, 2 (1) Step forward on R heel with toes pointed to 10:30, (2) Rotate R toes to 1:30 and L knee to 10:30
- 3&4 (3) Step RF back, (&) Step LF together, (4) Step RF forward
- 5, 6 (5) Step forward on L heel with toes pointed to 1:30, (6) Grind heel making 1/4 turn L
- 7&8 (7) Step LF back, (&) Step RF together, (8) Step LF together

[9-16] STEP, HOLD (X2) - SCUFF - STEP - HIP BUMP (X2)

- 1, 2 (1) Step RF forward angling body to 7:00, (2) Hold
- 3, 4 (3) Step LF forward angling body to 11:00, (4) Hold
- (5) Scuff RF forward, (6) Step RF back 5&6



&7&8
(&) Keeping weight on RF raise L hip, (7) Keeping weight on RF lower L hip, (&) Keeping weight on RF raise L hip, (8) Keeping weight on RF lower L hip

[17-24] CROSS - 1/4 TURN - 1/2 TURN - SCUFF - PONY (X3) 1/4 TURN

- 1, 2 (1) Cross LF over RF, (2) Step RF back making 1/4 turn L
- 3, 4 (3) Step LF forward making 1/2 turn L, (4) Scuff RF
- 5&6& (5) Step RF forward hitching LF, (&) Step LF forward hitching RF, (6) Step RF forward hitching LF, (&) Step LF forward hitching RF
- 7, 8 (7) Step RF forward, (8) Step LF forward making 1/4 turn R

[25-32] SLIDE 1/4 TURN - COASTER - OUT L - OUT R - HIP ROLL

- 1, 2 (1-2) Pushing weight off RF, Step back onto LF making 1/4 turn R over two counts
- 3&4 (3) Step RF back, (&) Step LF together, (4) Step RF forward
- 5, 6 (5) Step LF forward to left diagonal, (6) Step RF forward to R diagonal
- 7, 8 (7) Rolls hips counter clockwise to L, (8) Bring hips around to R

TAG 1 (HAPPENS TWICE)

[1-8] PUNCH ACROSS CHEST - PULL ACROSS CHEST - PUNCH UP - PULL DOWN - PUNCH UP - WALK (X2) - 1/2 TURN

counts 1-4 are stationary, only your right arm moves

- 1, 2 (1) Making a fist punch R fist across chest, (2) Pull R fist back to R side
- &3, 4 (&) Pump fist into the air, (3) Pull fist down, (4) Punch fist into the air
- 5, 6 (5) Step RF forward, (6) Step LF forward
- 7, 8 (7) Step RF forward, (8) Pivot 1/2 turn over L shoulder hitching LF

[9-16] COASTER - ROCK - CROSS - WALK (X2) - 1/2 TURN TRIPLE BACK

- 1&2 (1) Step LF back, (&) Step RF together, (2) Step LF forward
- 3&4 (3) Rock RF to R side, (&) Recover L, (4) Cross RF over LF
- 5, 6 (5) Step LF forward, (6) Step RF forward
- 7&8 (7) Step LF forward making 1/4 turn R, (&) Step RF together, (8) Step LF back making 1/4 turn R

TAG 2 (HAPPENS ONCE)

[6-8] WALK BACK (X2) - 1/4 TURN R

- 6 (6) Step RF back
- 7, 8 (7) Step LF back, (8) Step RF to R side making 1/4 turn

Helpful tip-

Part A always starts on lyrics "Do-Si-Don'tcha" Tag1 always starts on lyrics "1,2,3,4"

This dance is way easier than it looks!! We can't wait to see how you style it and make it your own! Make sure to tag us in your videos @breakawaydancing & @thedancingqueenb