Just Needing More



编舞者: Joan Morro (ES) - October 2022

音乐: More - Sam Ryder



5 Restarts, 1 Ending, Motion: Lilt

[1-8] ROCK SIDE, BEHIND SIDE CROSS, ROCK SIDE, BEHIND SIDE CROSS

1-2 RF Rock side right, LF Recover

3&4 RF Cross behind LF, LF Step side L, RF Cross over LF

5-6 LF Rock Side Left, RF Recover

7&8 LF Cross behind RF, RF, Steo side R, LF Cross over RF

Restart 5: After count 8 on the Wall 9 (12.00)

[9-16] SHUFFLE FWD, SCUFF, SHYNCOPATED TOE & HEEL, SCUFF, TAP

1&2 RF Step fwd, LF step fwd nera RF, RF step fwd

3 LF Scuff

&4&5& LF step fwd, RF toe touch near LF, RF step in place, LF heel touch fwd, LF step in place

6 RF Scuff

7-8 RF Step fwd, LF Tap behind RF

[17-24] SHUFFLE BWD, SHUFFLE BWD WITH ½ TURN R, SHUFFLE BWD WITH ½ TURN R, BACK ROCK

1&2 LF step bwd, RF step bwd near LF, LF step bwd

RF step bwd with ¼ turn R (3.00), LF Step near RF, RF Step fwd with ¼ turn R (6.00) LF step fwd with ¼ turn R (9.00), RF Step near LF, LF Step bwd with ¼ turn (12.00)

7-8 RF Rock Bwd, LF Recover

[25-32] ROCK SIDE, CROSS SHUFFLE, ROCK SIDE, CROSS SHUFFLE

1-2 RF Rock side R, LF Recover

3&4 RF Cross over LF, LF step near RF, RF Cross Over LF

5-6 LF Rock side L, RF Recover

7&8 LF Cross over RF, RF step near LF, LF Cross Over RF

Restart (1, 2, 3 y 4): after count 32 on the walls 2 (6.00), 4 (12.00), 5 (12.00), 6 (12.00)

[33-40] POINT, HOLD, POINT, HOLD, HEEL & HEEL, TOE, HEEL

1-2 RF Point LF, RF hold

&3-4 RF step together LF, LF point side LF, LF Hold

LF Step together RF, RF heel touch fwd, RF Step together LF, LF heel touch fwd LF Step together RF, RF inside toe touch near LF, Outside Heel Touch near LF

[41-48] STEP SIDE, HITCH, SHUFFLE WITH 1/4 L, SHUFFLE FWD, SHYNCOPATED SPLIT

1-2 RF step side R, LF Hitch.

3&4 LF Step fwd with ¼ turn L (9.00), RF Step near LF, LF Step fwd

5&6 RF Step fwd, LF Step fwd near RF, RF Step Fwd

&7&8 LF Step Out, RF Step Out, LF Step back to center, RF Step back to center near LF

[49-56] ROCK FWD, 1/4 TURN L, STEP SIDE & SWEEP, CROSS, SIDE, ROCK BWD

1-2 LF Rock fwd, RF Recover

3-4 LF ¼ turn L, step side & start sweep RF (6.00), RF Finish sweep in front of LF

5-6 RF Cross over LF, LF step side L

7-8 RF Rock Bwd, LF Recover

Ending: after wall 10, there are 8 counts left to finish, we will do it like this, we will be looking at 6.00

[1-2] RF Rock side right, LF Recover

3&4 RF Cross behind LF, LF Step side L, RF Cross over LF

5-6 LF Rock Side L, RF ¼ turn R & step Fwd (9.00)
7-8 LF ¼ turn R & step side L (12.00), RF drag to LF

At the time you do the final drag, we are going to form the plus symbol with our index fingers, crossing the right finger in front of the left (the right one horizontally and the left one vertically)

More love, more us, more feeling, more you, more nights, more dreaming, These days go by so fast and I'm just needing more

Last Update: 4 Oct 2022