

Kandy Lamissi

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Shanthie De Mel (AUS) - October 2022
音乐: Kandy Lamissi - Mariazelle Goonetilleke : (Spotify)



No Tags or Restarts.

Begin: 16 count Intro. Start on vocals.

(1-8) TOE-STRUT FORWARD x4

1, 2 Step R toe forward. Step R heel down.
3, 4 Step L toe forward. Step L heel down.
5, 6 Step R toe forward. Step R heel down.
7, 8 Step L toe forward. Step L heel down. (12:00)

(9-16) TRI-ROCKER RIGHT. STOMP. CLAP.

1, 2 Rock R forward. Recover L.
5, 6 Rock R to right side. Recover L.
5, 6 Rock R back. Recover L.
7, 8 Stomp R beside L. Clap. (12:00)

(17-24) TRI-ROCKER LEFT. STOMP. CLAP.

1, 2 Rock L forward. Recover R.
3, 4 Rock L to left side. Recover R.
5, 6 Rock L back. Recover R.
7, 8 Stomp L beside R. Clap. (12:00)

(25-32) TOE-STRUT BACK x4

1, 2 Step R toe back. Step R heel down.
3, 4 Step L toe back. Step L heel down.
5, 6 Step R toe back. Step R heel down.
7, 8 Step L toe back. Step L heel down. (12:00)

(33-40) VINE RIGHT WITH KICK. TOGETHER. KICK. TOGETHER. KICK.

1 - 4 Step R to right side. Step L behind R Step R to right side. Kick L across R.
5 - 8 Step L together. Kick R across L. Step R together. Kick L across R. (12:00)

(41-48) VINE LEFT WITH KICK. TOGETHER. KICK. TOGETHER. KICK.

1 - 4 Step L to left side. Step R behind L. Step L to left side. Kick R across L.
5 - 8 Step R together. Kick L across R. Step L together. Kick R across L. (12:00)

(49-56) TRIPLE FORWARD X4 WITH HIP BUMPS.

1&2 Step R forward. Step L together. Step R forward. (bump hip with each fwd step)
3&4 Step L forward. Step R together. Step L forward. (bump hip with each fwd step)
5&6 Step R forward. Step L together. Step R forward. (bump hip with each fwd step)
7&8 Step L forward. Step R together. Step L forward. (bump hip with each fwd step) (12:00)

(57-64) 4 PADDLES 3/4 LEFT TURN WITH HIP SWAY & SWINGING RIGHT ARM LARIAT STYLE.

1, 2 Step R forward. Turn left on L to 10:00. (Sway hips swinging right arm above lariat style)
3, 4 Step R fwd. Turn left on L to 7:00. (Sway hips swinging right arm above lariat style)
5, 6 Step R forward. Turn left on L to 5:00. (Sway hips swinging right arm above lariat style)
7, 8 Step R fwd. Turn left on L to 3:00. (Sway hips swinging right arm above lariat style) (3:00)

Please do not alter this step sheet in any way. If you would like to use it on your website, or to teach it on You

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