Jarak Dan Waktu



拍数: 32 墙数: 2 级数: Intermediate

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*Start on Vocal

Section 1: 1/2, BEHIND, SIDE, CROSS, RECOVER, SIDE, 1/4, BACK, MAMBO BACK, FORWARD, TOGETHER

1 2&3& 1/2 turn Left- back on R, sweeping left from front to back, Step R to right side, Step Left cross

over R, Recover on R

4&5. Step L to left side, 1/4 turn Left- step back on R, L6&7. Step back on R, Recover on L, Step forward on R

8&. Step forward on L, Step R next to L

Section 2: BACK, BEHIND, SIDE, CROSS, RECOVER, SIDE, CROSS, BASIC NIGHT CLUB R/L

1 2&3& Step back on L, sweeping right from front to back, Step L to left side, Step R cross over L,

Recover on Left

4& Step R to right side, Step L cross over R

5 6 & Step R to right side, Close L behind R, Cross R over L7 8 & Step L to left side, Close R behind L, Cross L over R

Section 3: 1/4, RUN-RUN-RUN WITH SLOW KICK, BACK, BACK, BACK, FORWARD, 1/2, BACK, RECOVER

1 2&3 1/4 turn Right step forward on R, run forward L, R, L with slow kick right foot

4&5. Run back on R, L, R and looking right shoulder

6&7. Step forward on L, 1/2 turn left step back on R, Step back on L

8& Step back on R, Step L next to R

Section 4 : FORWARD, CROSS, SIDE, BEHIND, BEHIND, SIDE, FORWARD, FORWARD, 1/2, FORWARD, FULL TURN

1 2&3 Step forward on R, sweeping left from back to front, step R to right side, Step back on L

4&5. Sweeping right from front to back, step L to left side, Step forward on R

6&7. Step forward on L, 1/2 turn right, Step forward on L

8&. 1/2 turn left step back on R, 1/2 turn left step forward on L

TAG; add the end of wall 3, 6, 7

BASIC NIGHT CLUB R/L, FORWARD, MAMBO FORWARD, BACK, TOGETHER

1 2& Step R to right side, Close L behind R, Cross R over L3 4& Step L to left side, Close R behind L, Cross L over R

5 Step forward on R

6&7. Step forward on L, Recover on R. Step back on L

8&. Step back on R, Step L next to R

Have Fun

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