

编舞者: HR Adi (INA) - October 2022

音乐: Life - Des'ree



Start Dance On Vocal Tag: After Wall 4 Count: 8

Jazz Box

1-2-3-4 Cross R over L, step back L, R to R side, cross L over R 5-6-7-8 Cross R over L, step back L R to R side, cross L over R

Side Touch - Side Touch

1-2-3-4 R to R side, touch L next to R, touch L to L side, touch L next to R
5-6-7-8 L to L side, touch R next to L, touch R to R side, touch R next to L

Weave - Rock Recover - Chasse

1-2-3-4 Cross R over L, L to L side, step R behind L, L to L side

5-6-7&8 Cross R over L, recover L, R to R side, step L beside R, R to R side

Weave – ¼ Turn Right – Coaster Step

1-2-3-4 Cross L over R, R to R side, step L behind R, ¼ turn right, step fwd R Step fwd L, recover R, step back L, step R beside L, step fwd L

Tag: Side Recover - Behind - Side Cross - Side Together - Side Mambo

1-2-3&4 R to R side, recover L, step R behind L, L to L side, cross R over L 5-6-7&8 L to L side, step R close to L, L to L side, recover R, step L beside R