# No Way Jose



编舞者: Tina Argyle (UK) - October 2022

音乐: In These Shoes? - Kirsty MacColl: (Single - iTunes)



#### #16 Count Intro from start of track 13 seconds into track

## Step, Rock Recover, Shufle Back, Rock Back Recover, Walk, Walk

1-	Step forward R

2-3 Rock forward L, recover weight onto R

4&5 Step back L, close R at side of L, step back L

Rock back R, recover weight onto LStep forward R, step forward L

#### 1/4 Turn with Sweep, Cross, Side, Behind. Side Rock Cross

2 Make ½ turn left sweeping R anti-clockwise at the same time (9 o'clock)

3,4,5 Cross R over L, step L to left side, cross R behind L 6,7,8 Rock L to left side, recover weight onto R, cross L over R

\*\*\* RE - START HERE DURING WALL 5 FACING 9 O 'CLOCK \*\*\*

## Step Touch Forward, Step Touch Forward, Dip Down, Up, Down Up with Kick – add some Sass!

1-2	Step R to right side, point and tap L toe forward
3-4	Step L to left side, point and tap R toe forward

5-6 Keeping R toe fwd and weight back on L, bend the L knee, straighten left leg

7-8 Keeping R toe fwd and weight back on L, bend the L knee, straighten left leg kicking R

forward

Add hip rolls / pushes or shoulder lifts to add some sass!!

### Step Back, Tap Across, Lock Step Forward, ½ Pivot Turn, Walk Walk (or full turn fwd for improver + dancers)

1-2 Step back R, touch L toe over R

Step forward L, lock R behind L, step forward L
Step forward R, make ½ pivot turn left onto L

7-8 Walk forward R then L (or make full turn fwd for more experienced dancers) (3 o'clock)

On final wall facing 12 o'clock take an extra single step forward on R and pose!

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