

If You're Not The One

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: If You're Not the One - Daniel Bedingfield



Tags : 1 - Restarts : 3

Intro 16 counts

S1. Walk 3x, Sweep cross side, cross rock behind recover side R L

1 - 2& Step L forward - step R forward - step L forward
3 - 4& Step R forward and sweep L to front - cross L over R - step R to side
5 - 6& Cross rock L behind R - Recover on R - Step L to side
7 - 8& Cross rock R behind L - Recover on L - step R to side

S2. 3/4 turn left and sweep, Cross side behind sweep, cross, side, weave, diagonal hitch, Step back

1 - 2& 3/4 turn left (03:00) step L forward and sweep R to front - cross R over L - step L to side
3 - 4& Step R back and sweep L to back - Cross L behind R - step R to side
5&6& Cross L over R - step R to side - cross L behind R - step R to side
7 - 8& 1/8 turn right (04.30) step L forward and hitch R - Step R to back - step L to back

S3. Lift Forward, 1/8 turn right, 1/2 turn right, Cross Side, Rockin' chair, sweep cross side

1 - 2& Step R back and lift L forward - Step down L - 1/8 turn right (06.00) step R forward
3 - 4& 1/2 turn right (12.00) step L to back and sweep R to back - Cross R behind L - step L to side
5&-6& Step rock R forward - Recover on L - step R to back - recover on L
7 - 8& Cross R over L and sweep L to front - Cross L over R - step R to side

S4. 1/4 Diamond - full turn right – Forward Mambo - Sweep back 2x

1 - 2& 1/8 turn left (10.30) step L to back - Step R to back-1/8 turn left step L to side (09.00)
3 - 4& Step R forward - 1/2 turn right step L to back (03.00) - 1/2 turn right step R forward (09.00)
5 & 6 Step rock L forward - recover on R - step L to back and sweep R
7 - 8& Step R behind and sweep L to back - Step L behind R - recover on R

Tag : 4 c (include &) after wall 4

1 - 2& Step rock L forward - recover on R - 1/2 turn left step L forward
3 - 4& Step rock R forward - recover on L - 1/2 turn right step R forward

Restart : On wall 2, 5, & 6 after 28 c (Include &)

Hope you enjoy the dance!

Please Contact for more info : Yulfit1907@gmail.com