

# Find Your Groove

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 2      级数: Phrased Intermediate  
编舞者: Guillaume Richard (FR), Debbie Rushton (UK) & Amy Glass (USA) - October 2022  
音乐: Sex, Love & Water (feat. Conrad Sewell) - Armin van Buuren



Windy City Line Dance Mania Pro Runner-Up Dance (October 2022)

Music Version available on iTunes or Spotify is 3:18. For modified version, please reach out

#16 count intro. Sequence: A B Tag A B A A B A

**A: 32c**

**[1-8] Walk x2 & Close, Cross, & Close, Cross, 1/4 L (9:00) 1/2 R (3:00)**

- 1-2 Walk fwd R, L
- &3 Step RF to R diagonal, Close LF next to R (face 10:30)
- 4 Cross RF over LF
- &5 Step LF to L diagonal, Close RF next to L (face 1:30)
- 6 Cross LF over RF (square back up to 12:00)
- 7 Step RF back while turning 1/4 L (9:00)
- 8 Turn 1/2 L stepping LF fwd (3:00)

**[9-16] Rock Fwd R, L, Walk Back L, R, Out, Out, In, Cross (RF over LF)**

- 1-2 Rock fwd on RF, Recover weight back on LF
- &3-4 Close RF next to LF, Rock Fwd on LF, Recover weight on RF
- 5-6 Walk back L, R
- &7&8 Step LF out, RF Out, Step LF in, Cross RF over LF

**[17-24] Unwind 3/4 Turn L Weighting L, Step R to R w/1/4 L, Behind Side, Cross, Skate R/L on Diagonal, (4:30) Lock Step to Diagonal**

- 1-2 Unwind 3/4 L turn (6:00), Step RF to R while turning 1/4 L (3:00)
- 3&4 Step LF behind R, Step RF to R, Cross LF over R
- 5-6 Skate to 4:30 diagonal with RF, LF
- 7&8 Step RF into diagonal, Lock LF behind RF, Step RF to diagonal (4:30)

**[25-32] Step Pivot 1/2 R (10:30), Lock Step Back w/ 1/2 R, Back (square up to wall (6:00) Lock, R Coaster, Unwind 1/2**

- 1-2 Step LF fwd (4:30), Pivot 1/2 R (10:30)
- 3&4 Continue turning 1/2 R stepping LF back, Lock RF in front of LF, Step LF back, freeing the RF as you start to square up to 6:00 wall)
- 5&6&7 Step RF back, Lock LF in front of RF, Step RF back, Close LF next to R, Step RF fwd
- 8 Sharp turn 1/2 L to face front, weighting L (12:00)

**B: 32c**

**[1-8] Hip Rolls w/ Bumps x2, Ball Step Fwd, Pivot 1/2, Out Out, Heel Swivels with 1/4 R**

- 1-2 Step RF to R while rolling hips from L to R, Bump L hip up L
- 3-4 Step LF to L while rolling hips from R to L, Bump R hip up R,
- &5 Step RF to center, Step LF fwd
- 6 Pivot 1/2 R
- &7 Step LF to out to L, Step RF out to R
- &8 Swivel both heels to R, Swivel both heels to L while turning 1/4 R (weighting L) (9:00)

**[9-16] Walk Fwd R, L, Chase Full Turn, Drag LF Back, Behind Side Cross w/ 1/4 L (6:00)**

- 1-2 Walk fwd R, Walk fwd L
- 3&4 Step RF fwd, Pivot 1/2 L, Step RF back turning 1/2 L
- 5-6 Big step back on LF, Drag RF (styling drag R heel)
- 7&8 Turn 1/4 L Crossing RF behind LF, Step L to L side, Cross RF over LF

**[17-24] Dorothy L & R, Step Pivot 1/2, Step L, R fwd, Swivel Heels R, L**

- 1-2& Step L to L diagonal, Lock RF behind LF, Step L to diagonal (4:30)
- 3-4& Step R to R diagonal, Lock LF behind RF, Step R to diagonal (7:30)
- 5-6 Step LF fwd, Pivot 1/2 R (12:00)
- &7&8 Step LF fwd, Place RF in front of LF, Swivel both heels to R, Back to center (finish weighted L)

**[25-32] Step Back on R, Point LF fwd, Push L hip Fwd, Look back with upper body 1/2 R (pushing R hip back but stay facing 12:00), Step LF Fwd, Turn 1/2 L Stepping RF Back, L Coaster**

- 1-2 Step RF back, Touch LF fwd
- 3-4 Push L hip forward (rocking weight forward), Push R hip back (rocking weight back) and look 1/2 R toward 6:00
- 5-6 Step forward on LF, Turn 1/2 L Stepping back on RF (6:00)
- 7&8 Step LF back, Close RF next to LF, Step LF forward

**Tag: 16 Counts**

**Start while facing 6:00**

**[1-8] Walk x2 & Close, Cross, & Close, Cross, 1/4 L (9:00) 1/2 R (3:00)**

- 1-2 Walk fwd R, L
- &3 Step RF to R diagonal, Close LF next to R (face 10:30)
- 4 Cross RF over LF
- &5 Step LF to L diagonal, Close RF next to L (face 1:30)
- 6 Cross LF over RF (square back up to 12:00)
- 7 Step RF back while turning 1/4 L (9:00)
- 8 Turn 1/2 L stepping LF fwd (3:00)

**[9-16] Press, Recover, & Step, Scuff, Back, Cross, 1/4, Step, Pivot 1/2**

- 1-2& Press RF fwd, Recover weight back on LF, Close RF next to LF
  - 3 Step LF fwd
  - 4 Scuff R heel on diagonal (opening body toward 10:30)
  - 5& Step back on RF, Cross LF over RF (10:30)
  - 6& Step back on RF squaring up to 9:00, Turn 1/4 L while stepping LF fwd (6:00)
  - 7-8 Step RF fwd, Pivot 1/2 L (12:00)
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