

Jacked UP

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: James Miessau (USA) - October 2022
音乐: Jacked Up - Charlie Farley



Step 1 through 8

- 1-2 SStep forward RIGHT bring LEFT together
- 3-4 Step forward LEFT bring right together
- 5-6 Kick ball change
- 7-8 Swing LEFT leg around (Step 8 is the swing)

Step 9 through 16:

- 9-10 Touch LEFT over RIGHT, Step back RIGHT
- 11-12 Bring LEFT back over RIGHT, Step RIGHT together
- 13-14 Slide left (both counts)
- 15-16 180 turn (Turn Around, Half Turn)

Step 17 through 24

- 17-18 Rock forward RIGHT
- 19-20 Rock Back RIGHT
- 21-24 ¼ turn LEFT with RIGHT foot pointed out to the RIGHT (repeat x 4)

Step 25 through 32:

- 25-26 (hop to) Shift weight to RIGHT while Pointing out to the side with LEFT
- 27-28 (hop to) Shift weight to LEFT while pointing out to the side with the RIGHT
- 29-30 Bring left together, Bring RIGHT over LEFT, Step back LEFT w/ ¼ turn to the RIGHT
- 31-32 Bring RIGHT back over LEFT (Start over)

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