Long Gone

拍数: 32	墙数: 4	级数: Easy Beginner
编舞者: Diana Oglesby (USA) - November 2022		
音乐: Long Gone - Gabe Lee		

Intro: 32 Counts, start with weight on L
*1 Restart on wall 5 after 16 counts, facing 9:00

S1 (1-8) ROCK R BACK, RECOVER, ROCK R FWD, RECOVER, ROCK R BACK, RECOVER, R SHUFFLE FWD

1-4	Rock R back (1), recover to L (2), rock R forward (3), recover to L (4)
5-6-7&8	Rock R back (5), recover to L (6), step R forward (7), step L together (&), step R forward (8)

S2 (9-16) L ¼ TURNING JAZZ BOX-CROSS, L LINDY

1-4	Cross L over (1), turn ¼ L and step R back (2) step L side (3), cross R over (4) (9:00)
5&6-7-8	Step L side (5), step R together (&), step L side (6), rock R back (7), recover to L (8)

*Restart here on wall 5 after 16 counts

S3 (17-24) CROSS R, POINT L, CROSS L, POINT R, ROCK R FWD, RECOVER, ½ SHUFFLE TURN R

1-4	Cross R over (1), point L side (2), cross L over (3), point R side (4)
5-6-7&8	Rock R forward (5), recover to L (6), ½ R shuffle turn R-L-R (7&8) (3:00)

S4 (25-32) ROCK L FWD, RECOVER, ROCK L BACK, RECOVER, ROCK L FWD, RECOVER, L SIDE SHUFFLE

1-4	Rock L forward (1), recover to R (2), rock L back (3), recover to R (4)
5-6-7&8	Rock L forward (5), recover to R (6), step L side (7), step R together (&), step L side (8)

REPEAT

*1 restart on wall 5 after 16 counts, facing 9:00.

You will be facing the beginning wall when the dance ends (YAY!!)