

# Heave Away AB

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Rafel Corbí (ES) - October 2022  
音乐: Heave Away (feat. Nathan Carter) - Ceol



Intro: 32 counts

## GRAPEVINE RIGHT, GRAPEVINE LEFT

1,2,3,4      Step R to right side, Step L behind R, Step R to right side, Touch L beside R  
5,6,7,8      Step L to left side, Step R behind L, Step L to left side, Touch R beside L

## CHARLESTON STEPS TWICE

9-12      Step R forward, kick L forward, step L back, touch R back  
13-16      Step R forward, kick L forward, step L back, touch R back

## WALKS FORWARD WITH KICK, WALKS BACK WITH TOUCH

17-20      Step forward on R, Step forward on L, Step forward on R, Kick L foot forward  
21-24      Step back on L, Step back on R, Step back on L, touch R beside L

## SIDE TOGETHER x 4 MAKING A ¼ TURN LEFT

25-26      Step R to right side, touch L next to R (clap hands optional)  
27-28      Step L to left side, touch R next to LF  
29-30      Making a ¼ turn L step R to right side, touch L next to R (clap hands optional) 9:00  
31-32      Step L to left side, touch R next to L

End of choreo

On wall 3, looking 6, repeat the vines, so you do them twice

At the end of wall 5, looking 9, add a V-Step before starting the dance again

1-4      Step forward and out to right with R, open L to left and out, step back with R back to center, step L next to R

---