Lucky



拍数: 64 墙数: 2 级数: Phrased Intermediate

编舞者: Michael O'Shea (IRE) - November 2022

音乐: Lucky - Meghan Trainor: (from The: Takin' It Back - Album or on Single.)



#8 Count Intro. Sequence: A-B-(AAAB)X3

Part A

Cross.	back.	side.	cross.	diagonal	fwd.	touch.	. step	back.	kick

1-2 cross right over left, step back left

3-4 step right to right side, cross left over right

5-6 step right to right diagonal, touch left beside right

7-8 step back left, kick right foot fwd

behind, side, cross, side rock, cross

1-2 step right behind left, step left to left side

3-4 cross right over left, HOLD

5-6 rock left to left side, recover weight to right

7-8 cross left over right, HOLD

1/4 turn, 1/4 turn, cross, side, together, back

step right back 1/4 turn left, turning 1/4 turn left step left to left side 1-2

3-4 cross right over left, HOLD

5-6 step left to left side, close right to left

7-8 step back left. HOLD

side, together, 1/4 turn, rock step, 1/4 side with either a **sweep or a drag**

step right to right side, close left beside right 1-2

3-4 step right 1/4 turn right, HOLD 5-6 rock fwd left, recover weight to right

7-8 step left to left side, **sweep OR drag right.

**The last count of part A depends on the transition to the next part -

SWEEP around to the front to dance part A again or DRAG behind to transition into part B

Part B (Danced on Walls 2, 6, 10 & 14. (See Notes)

sailor step sailor step, knee sweep

1-2-3 rock right behind left, step left to left side, step right side

4-5-6 rock left behind right, step right to right side, step left to left side 7-8 bring right knee in beside left, sweep right out & behind left

back sweep, coaster step, hitch

1-2-3-4 step back right, sweep left back, step back left, sweep right back

5-6 step back right, close left to right 7-8 step fwd right, slightly hitch left

stomp hold, ball step, stomp, hold, ball step

1-2-3&4 stomp fwd left, HOLD, HOLD, step onto right(&), step fwd left 5-6-7&8 stomp fwd right, HOLD, HOLD, step onto left(&), step fwd right

mambo step, hitch, back, together, step out, step out

1-2 rock fwd left, recover weight to right

3-4 step back left, hitch right

5-6 step back right, step left beside right

Begin Again

Notes

The transition to either Part A or B is easy to remember with the following markers.

Part B is danced 4 times -

- 1. Walls 1 & 2 are danced part A followed by part B (6,00)
- 2. When Megan sings 'didn't mean to cause all this commotion' dance A (6.00) followed by B (12.00)
- 3. When she sings the bridge 'Don't mess this up by being too shy' dance A (12.00) then B (6.00)
- 4. The bridge will again be repeated 'Don't mess this up by being too shy' at the end of the song and for the final time dance A (6.00) followed by part B (12.00)

For the transition to part A, sweep right foot fwd to get into the jazzbox For the transition to part B, drag behind to begin the sailor steps.

Enjoy this great track.

Last Update - 20 Feb. 2024 - R1