Every Night, Every Morning

级数: Improver

编舞者: Sandy Carty Hodges (USA) - November 2022

音乐: Every Night Every Morning - Maddie & Tae

INTRO: 16 counts - ONE tag/NO restarts

拍数: 32

SECTION ONE: RIGHT HEEL TAPS, ROCKING CHAIR

- 1-4 Step right toe forward, tap right heel 3 times.
- 5-8 Rock forward on LF, put weight back on RF, rock back on LF, put weight back on RF (12:00)

SECTION TWO: LEFT HEEL TAPS, ROCKING CHAIR

- 9-12 Step left toe forward, tap left heel 3 times.
- 13-16 Rock forward on RF, put weight back on LF, rock back on RF, put weight back on LF (12:00)

SECTION THREE: CROSS ROCK RECOVER, SIDE ROCK RECOVER, ½ RIGHT TURNING JAZZ BOX

- Cross RF over LF, recover on LF 1,2
- 3,4 Rock RF on R side, recover on LF.
- 5,6 Cross RF over LF, make 1/4 turn to R stepping LF back,
- Make 1/4 turn to R stepping RF on side, Cross LF over RF. (6:00) 7,8

SECTION FOUR: DIAGONAL R STEP, L HEEL TOE SWIVELS, DIAGONAL L STEP, R HEEL TOE SWIVELS.

- 1,2 Step RF forward slightly on diagonal, swivel Lft heel in toward RF.
- 3,4 Swivel Lft toe in toward RF, swivel Lft heel in toward RF (weight remains on RF)
- 5.6 Step LF forward on diagonal, swivel Rt heel in toward LF.
- Swivel Rt toe in toward LF, swivel Rt heel I toward LF. (6:00) 7.8

E.O.D. Start dance again, have fun !!

TAG: 16 CT TAG: End of 7th wall (facing 6:00): Hip Bumps RT, LFT, RT, LFT, Jay walks, right rocking chair.

- 1-4 Step to right on diagonal and bumps hips twice, step to left on diagonal and bump hips twice. (moving forward as you bump hips)
- 5-8 Repeat steps 1-4, (moving forward as you bump hips)
- 1-4 Step RT toe to RT side, cross over LF, step LFT toe to left side, cross over right,
- 5-8 Rock forward on RT, weight back on lft, rock back on rt, recover on left.

E.O.D start again and have fun! (sandyutah82@gmail.com)

Last Update: 17 Feb 2023





墙数: 2