Time After Time

拍数: 30

级数: Easy Intermediate

编舞者: Amanda Bowden (AUS) & Stephen Paterson (AUS) - October 2022

音乐: Time After Time - Mabel : (Album: Time After Time (Single))

Original Position: Feet Together Weight On The Left Foot.

This dance is done in TWO directions. INTRO : 4 BEATS

SIDE, BEHIND-1/4 FORWARD-PIVOT TURN-1/4 SIDE-ACROSS, ROCK-SIDE-ROCK-BEHIND-1/4 FORWARD

- 1, 2 Side R To The Side, Step L Behind Right,
- & Turn 90° Right Step R Forward, (3.00)
- 3, 4 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (9.00)
- & Turn 90° Right Step L To The Side, (12.00)
- 5, 6 Step R Across In Front Of Left, Rock Onto L,
- & 7 Step R To The Side, Side Rock Onto L,
- & 8 Step R Behind Left, Turn 90° Left Step L Forward. (9.00)

PIVOT TURN & PIVOT TURN-1/2 BACK-1/4 SIDE, ACROSS-ROCK-SIDE-ACROSS-SIDE

- 1, 2 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (3.00)
- & Step R Forward,
- 3, 4 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (9.00)
- & Turn 180° Right Step L Back, (3.00)
- 5, 6 Turn 90° Right Step R To The Side, Step L Across In Front Of Right, (6)
- & 7 Rock Onto R, Step L To The Side,
- & 8 # Step R Across In Front Of Left, Big Step L To The Side. (6.00)

BACK, ACROSS & BACK, ACROSS & 1/4 HIP, HIP-HIP-HIP, BEHIND-1/4 FORWARD-

- 1, 2 & Step R Back At 45° Right, Lock L Across In Front Of Right, Step R Back
- 3, 4 & Step L Back At 45° Left, Lock R Across In Front Of Left, Step L Back,
- 5 Turn 90° Right Step R To The Side Push Hips Right, (9.00)
- 6 & 7 Push Hips Left, Push Hips Right, Push Hips Left,
- 8 & Step R Behind Left, Turn 90° Left Step L Forward. (6.00)

FORWARD, ROCK-BACK-1/2 FORWARD-ROCK-1/2 FORWARD, FORWARD, FORWARD

- 1, 2 & Step R Forward, Rock Back Onto L, Step R Back,
- 3 & Turn 180° Left Step L Forward, Rock Back Onto R, (12.00)
- 4 ## Turn 180° Left Step L Forward, (6.00)
- 5, 6 ** Step R Forward, Step L Forward. (6.00)

[30] REPEAT THE DANCE IN NEW DIRECTION

RESTART 1 : On WALL 3 dance to BEAT 16 (#) & RESTART to 6.00

RESTART 2 : On WALL 4 dance to BEAT 28 & (##) & RESTART to 12.00

TAG : At the END (**) of WALL 5 ADD the following tag

1, 2 STEP R TO THE SIDE PUSH HIPS RIGHT, PUSH HIPS LEFT.





墙数:2