

# A Life I Can Live By

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Nancy Rosera (USA) - December 2022  
音乐: A Life I Can Live By - Monarch Cast, Anna Friel & Trace Adkins



## Walk Fwd, Shuffle Fwd, Rock Fwd, Recover, Coaster

1 2      Walk fwd R L  
3&4      Shuffle fwd R L R  
5 6      Rock fwd L, recover R  
7&8      Coaster step - back L, back R, fwd L

## Cross Rock, Recover, 1/4 Shuffle, Rock, Coaster

1 2      Cross rock R over L, recover L  
3&4      Turn 1/4 right, shuffle R L R  
5 6      Rock fwd L, recover R  
7&8      Coaster step - back L, back R, fwd L

## Modified Rumba Box

1 2      Side R, tog L  
3&4      Shuffle fwd R L R  
5 6      Side L, tog R  
7&8      Shuffle back L R L

## R Vine w/shuffle, Cross Rock, Recover, Shuffle

1 2      Side R, L behind R  
3&4      Side shuffle R L R  
5 6      Cross rock L over R, recover R  
7&8      Side shuffle L R L

## Restarts:

Wall 3 (6:00) after 16 c (9:00)

Wall 6 (3:00) after 16c (6:00)

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