

# Dance About It

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Helaine Norman (USA) - December 2022  
音乐: Dance About It - Meghan Trainor



Intro: Short intro, on word "dance"

Tag and restart: 2

## I. SHUFFLE ½ L TURN, ROCK RECOVER; SHUFFLE ½ R TURN, ROCK RECOVER

- 1&2      Step R forward making 1/4 turn left (9:00), step L together, step R back making ¼ turn left (6:00)  
3-4      Rock L back, recover to R  
5&6      Step L forward making ¼ turn right (9:00), step R together, step L back making ¼ turn right (12:00)  
7-8      Rock R behind, recover to L

Optional for I. (with no turns): Lindy R & L

## II. MODIFIED CHARLESTON; ROCK RECOVER, CROSSING SHUFFLE

- 1-2      Step R side, kick L over  
3-4      Step L side, touch R together  
**\*Tag & restart here: Wall 7 & 8**  
5-6      Rock R side, recover to L  
7&8      Step R over, step L together, step R over

## III. MODIFIED CHARLESTON; ROCK RECOVER, CROSSING SHUFFLE

- 1-2      Step L side, kick R over  
3-4      Step R side, touch L together  
5-6      Rock L side, recover to R  
7&8      Step L over, step R together, step L over

## IV. CHASSE ¼ R TURN, PIVOT 1/2 R TURN; SHUFFLE, KICK BALL CHANGE

- 1&2      Step R side, step L together, step R forward making ¼ turn right (3:00)  
3-4      Step L forward making 1/2 turn right, weight to R (9:00)  
5&6      Step L forward, step R together, step L forward  
7&8      Kick R forward, step on R ball, recover to L

**REPEAT**

**TAG & RESTART:** The tags & restarts are both at 6:00. After 12 counts, during wall 7 & 8: Sway R L R L (4 counts), restart.

**ENDING:** After 24 counts, during wall 12, facing 9:00, making ¼ turn right, step R forward (12:00)

Helaine43@gmail.com

Last Update: 8 Feb 2023