Houston

拍数: 102



墙数:0

编舞者: Priska Staud (CH) - March 2021 音乐: Houston - Austin Plaine

Description: Part A: 14 Counts Part B: 56 Counts Part C: 32 Counts Tag 1: 16 Counts Tag 2:8 Counts

2 x A - B - C - 4 x A - B - C - 2 x A - C - C - Tag 1 - B short* - Tag 2 - C - 3 x A - A short* - Final*

- * B Short: Start with the Tag 2 after 20 Counts
- * A Short: Start with the Final after 6 Counts
- * Final: Touch unwind

Part A

Sect 1 POINT, STEP BACK, POINT, STEP BACK, POINT, STEP BACK, HEEL STRUT

- 1 2 Point R with the right foot – Step back R with the right foot
- 3 4Point L with the left foot – Step back L with the left foot
- 5 6 Point R with the right foot- Step back R with the right foot (*A Short: Start her with the Final)
- 7 8 Heel L in front with the left foot- Put weight on L

Sect 2 ½ TOE STRUT TURN, ROCK RECOVER ½ TURN, ½ TURN, STOMP UP

- 1 21/2 Turn over the left shoulder touch R toe back – Put weight on R
- 3 4 Rock recover 1/2 turn L over the left shoulder – Put weight on R
- 5 6 1/2 Turn over the left shoulder step forward L – Stomp up R

Part B

Sect 1 STOMP, STOMP, KICK BRUSH, TOUCH, TOUCH, HEEL STRUT ½ TURN

- 1 2Stomp with the right foot – Stomp with the left foot
- 3 4 Kick with the right foot – Brush with the right foot back
- 5 6Touch back with the right toe- Touch back with the right toe
- 7 8 ¹/₂ Heel turn over the right shoulder– Put weight on right

Sect 2 STOMP UP, STOMP UP, POINT, TOUCH, POINT, HOCK, SIDE, BEHIND

- 1 2Stomp up with the left foot - Stomp up with the left foot
- 3 4Point L with the left foot - Touch with the left toe in front
- 5 6Point L with the left foot- Hock L behind of R
- 7 8 Step L to the left side - Step R behind left

Sect 3 SIDE, CROSS, SIDE ROCK, FLICK SLAP, STOMP, HEEL BOUNCE

- 1 2Step L to the left side - Step R cross over left
- 3 4Side Rock L to the left - Recover the weight to the right foot (*B Short: Start her with the Tag 2)
- 5 6Flick left foot and slap with left hand – Stomp L diagonal
- 7 8 Heel up L – Heel down L

Sect 4 HEEL BOUNCE, POINT, HOOK TURN, LOCK STEP, SCUFF

- 1 2Heel up L – Heel down L
- 3 4 Point R to the right – Hook turn R in Front of L 1/4 turn
- 5-6 Step R – Step L behind R



7 – 8 Step R – Scuff L

Sect 5 STEP, TOUCH, KICK, KICK, CROSS, KICK, BACK ROCK

- 1 2 Step L Touch R back
- 3 4 Jumping back right and Kick L Kick R
- 5 6 Cross R over L Kick R
- 7 8 Jumping back to the right foot– Recover to left foot

Sect 6 TOUCH, SCUFF, LOCK STEP, HOLD, ROCK RECOVER ½ TURN

- 1 2 Touch R Scuff R
- 3 4 Step R Step L behind R
- 5 6 Step R Hold
- 7 8 Rock forward L Recover ½ turn over the left shoulder

Sect 7 HEEL STRUT, TOE STRUT BACK, TOE STRUT ½ TURN, STOMP, STOMP

- 1 2 Heel L Put weight on L
- 3 4 Touch R behind Put weight on R
- 5-6 Toe L back 1/2 turn over the left shoulder Put weight on L
- 7 8 Stomp R Stomp L

Part C

Sect 1 RUMBA BOX

- 1 2 Step side to the R with the right foot Step L next to R
- 3 4 Step forward R Hold
- 5 6 Step side to the L with the left foot Step R next to L
- 7 8 Step back L Hold

Sect 2 JUMPING BACK ROCK, DOUBLE KICK, BACK ROCK, STOMP UP ¼ TURN, STOMP ¼ TURN

- 1 2 Jumping back rock R Recover to the left foot
- 3 4 Kick R in front Kick R in front
- 5 6 Jumping back rock R Recover the the left foot
- 7 8 Stomp up R ¼ Turn over the left shoulder Stomp R ¼ Turn over the left shoulder

Sect 3 RUMBA BOX

- 1 2 Step side to the L with the left foot Step R next to L
- 3 4 Step forward L Hold
- 5-6 Step side to the R with the right foot Step L next to R
- 7 8 Step back R Hold

Sect 4 BACK ROCK, DOUBLE KICK, BACK ROCK, STOMP UP ¼ TURN, STOMP ¼ TURN

- 1 2 Jumping back rock L Recover to the right foot
- 3 4 Kick L in front Kick L in front
- 5 6 Jumping back rock L Recover to the right foot
- 7 8 Stomp up L ¼ Turn over the right shoulder Stomp L ¼ Turn over the right shoulder

Tag 1

Sect 1 STOMP, STOMP, KICK, BRUSH, TOUCH, TOUCH, HEEL STRUT ½ TURN

- 1 2 Stomp with the right foot Stomp with the left foot
- 3 4 Kick with the right foot Brush with the right foot
- 5 6 Touch back with the right foot– Touch back with the right foot
- 7-8 1/2 Heel turn over the right shoulder– Put weight on R

Sect 2 STOMP, STOMP, KICK, BRUSH, TOUCH, TOUCH, HEEL STRUT ½ TURN

- 1 2 Stomp with the left foot Stomp with the right foot
- 3 4 Kick with the left foot Brush with the left foot

- 5 6 Touch back with the left foot– Touch back with the left foot
- 7-8 $\frac{1}{2}$ Heel turn over the left shoulder– Put weight on L

Tag 2

Sect 1 KICK, JUMPING JAZZ BOX ½ TURN, KICK, BACK ROCK

- 1 2 Kick L Cross L over R
- 3 4 Kick L Kick R
- 5 6 Cross R Kick R
- 7 8 Jumping back to the right Recover to left foot