

# Quittin' Ain't Workin'

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Caroline Cooper (UK) - December 2022  
音乐: Quittin' Ain't Workin' - Larry Fleet



RESTART DURING WALL 5 AFTER 48 COUNTS FACING 6.

REPEAT THE LAST SECTION TWICE. STEP FWD R (TA DAI!) FINISH THE DANCE FACING 12

## S: 1 - HEEL GRIND, BACK ROCK, PADDLE TURN, PADDLE TURN (9)

- 1-2      Take weight fwd onto R heel, & arc toe over two counts
- 3-4      Rock back on R, recover weight to L
- 5-6      Step fwd R, turn 1/8th (10.30) move your weight from R to L
- 7-8      Step fwd R, turn 1/8th (9.00) move your weight from R to L

## S: 2 - ROCKING CHAIR, V STEP (9)

- 1-2      Rock R fwd, recover weight to L
- 3-4      Rock R back, recover weight to L
- 5-6      Step R to R diagonal, step L to L diagonal (slightly fwd each time)
- 7-8      Step R back to place, then L back to place

## S: 3 - STEP TOGETHER, STEP TOUCH & CLAP, STEP TOGETHER, STEP TOUCH & CLAP (SHOOP SHOOPES) (9)

- 1-2      Step R to R diagonal, close L next to R
- 3-4      Step R to R diagonal, touch L next to R
- 5-6      Step L to L diagonal, close R next to L
- 7-8      Step L to L diagonal, touch R next to L

## S:4 - JUMP BACK & OUT, CLAP, JUMP BACK & OUT, FLICK, SIDE TOUCH, SIDE TOUCH (9)

- &1-2      Jump back on R then L, clap
- &3-4      Jump back on R then L, flick R behind L
- 5-6      Step R to R side, touch L next to R
- 7-8      Step L to L side, touch R next to L

## S:5 - SIDE, BEHIND, ¼ TURN SCUFF, ¼ SIDE, BEHIND, SIDE, TOUCH (3)

- 1-2      Step R to R side, cross L behind R
- 3-4      ¼ turn R stepping fwd R, scuff L fwd
- 5-6      ¼ turn R stepping L to L side, cross R behind
- 7-8      Step L to L side, touch R next to L

## S:6 - ¼ MONTEREY, ROCKING CHAIR (6)

- 1-2      Point R to R side, ¼ turn R, closing R next to L
- 3-4      Point L to L side, close L next to R
- 5-6      Rock R fwd, recover weight to L
- 7-8      Rock R back, recover weight to L

(Restart here during wall 5 facing 6)

## S:7 - TOE STRUT, TOE STRUT, ROCK, RECOVER, BACK, CLOSE (6)

- 1-2      Step R toe fwd, drop R heel
- 3-4      Step L toe fwd, drop L heel
- 5-6      Rock fwd R, recover weight L
- 7-8      Step back on R, close L next to R

**S:8 - TOE STRUT, TOE STRUT, ROCK, RECOVER, BACK, CLOSE (6)**

- 1-2 Step R toe fwd, drop R heel
- 3-4 Step L toe fwd, drop L heel
- 5-6 Rock fwd R, recover weight L
- 7-8 Step back on R, close L next to R

**Last Update: 23 Dec 2022**

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