My World Spins



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Kimberly Parrish (USA) - December 2022 音乐: What My World Spins Around - Jordan Davis



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ווא-ויו	vick Sten	POINT: KICK	Sten	POINT:	Right Salior	Step. I	l eft Sailor Sten

1&2	Kick RF forward, Step Ball of RF next to LF, Point LF to left side
3&4	Kick LF forward, Step Ball of LF next to RF, Point RF to right side
5&6	Sweep RF behind LF, Step LF next to RF, Step RF to Right side

7&8 Sweep LF behind RF, Step RF next to LF, Step LF to Left side(End facing 12 o'clock)

[9-16] Lunge, Hold, Lunge with 1/2 Turn, Hold, Right Sailor Step, Left Sailor Step

9-10	Lunge out to Right side, Hold
11-12	Push off on RF as you make a lunge with a 1/2 turn over your Right shoulder, Hold
13&14	Sweep RF behind LF, Step LF next to RF, Step RF to Right side
15&16	Sweep LF behind RF, Step RF next to LF, Step LF to Left side(End facing 6 o'clock)

[17-24] Forward Shuffle, Full Turn, Shuffle Forward, Full Turn		
17&18	Step forward on RF, Step LF next to RF, Step forward on RF	
19-20	Step back on your LF as you make a 1/2 turn over your Left Shoulder, Step forward on your	
	RF as you make a 1/2 turn over your Right shoulder	
21&22	Step forward on your LF, Step LF next to RF, Step forward on your LF	
23-24	Step back on your RF as you make a 1/2 turn over your Right shoulder, Step forward on your	
	LF as you make a 1/2 turn over your Right shoulder(End facing 6 o'clock)	

[25-32] Point RF to side, Together, Point LF to side, Together with 1/4 turn, Point RF to side, Together, Point LF to side, Together

25-26	Point RF to Right side, Step RF next to LF
27-28	Point LF to Left side, Step LF next to RF as you make a 1/4 turn over Left shoulder
29-30	Point RF to Right side, Step RF next to LF
31-32	Point LF to Left side, Step LF next to RF(End facing 3 o'clock)

*TAG AT THE END OF WALL 4 FACING 12 O'CLOCK(8 counts) WILL BE FACING 9 O'CLOCK WHEN TAG IS FINISHED

1-4	Pushing off of your LF make 1 and 1/4 spins over your Right shoulder, weight ends up on LF
5-8	Roll hips from right to left, repeat

*TAG AT THE END OF WALL 7 FACING 6 O'CLOCK(16 counts) WILL BE FACING 3 O'CLOCK WHEN TAG IS FINISHED

1-4	Pushing off of your LF make 1 and 1/4 spins over your Right shoulder, weight ends up on LF
5-8	Roll hips from right to left, repeat
9-12	Step Forward on RF, Make a 1/2 turn pivot over Left shoulder, repeat
13-16	Roll hips from right to left, repeat

Last Update: 24 Dec 2022