Kinda Used to Being



拍数: 32 墙数: 4 级数: High Beginner

编舞者: David M. Lewis (USA) - December 2022

音乐: Someone You Loved (Future Humans Remix) - Lewis Capaldi



Begin Dance after a 16 Count Introduction (12 + 5678)

Tag on Wall 4 (3:00), after 12 Counts - R Rocking Chair (3:00), then Restart

[1–8] Step Touch, Step Touch Step, Step Touch, Step Touch Step

Instructor Words: Step-Touch, Step-Touch-Step, Step Touch, Step Touch Step

1-2 (Diagonally towards 1:30) Step R Forward, L Touch,

3 &4 Step R, L Touch, Step R

5-6 (Diagonally towards 10:30) Step L Forward, R Touch,

7&8 Step L, R Touch, Step L (12:00)

[9-16] Knee Lock times 4, Grapevine 1/4 with Shuffle Step

Instructor Words: Lock, Lock, Lock, Vine Quarter Shuffle Step

1-4 R Step Backwards with the R Knee Locked, L Step Backwards with the L Knee Locked, R

Step Backwards with the R Knee Locked, L Step Backwards with the L Knee Locked

5-6 R Grapevine (first 2 steps), with a 7&8 R Shuffle step to the ¼ Turn (3:00)

[17-24] Pivot Turn, Shuffle Step, Rocking Chair

Instructor Words: Pivot Turn, Shuffle, Rocking Chair 3 4

1-2 L Step Forward to a Pivot Turn over the R Shoulder

3&4 L Shuffle Step

5-8 R Rocking Chair (9:00)

[25-32] Skate Pivot times 4, Rocking Chair

Instructor Words: Skate, Skate, Skate, Skate, Rocking Chair 3 4

1-4 (Diagonally towards 7:30) R Skate into a Pivot Turn over the L Shoulder (1:30), L Skate,

(Diagonally towards 1:30) R Skate into a Pivot Turn over the L Shoulder (7:30). L Skate

5-8 (Returning to 9:00) R Rocking Chair (9:00)

Restart

Contact Info: VolunteerLineDance@gmail.com