Beautiful Day

COPPER KNO

拍数: 48

墙数:4

级数: High Beginner

编舞者: Ribka Tobing (INA) & Ria Lolong (INA) - January 2023

音乐: Beautiful Day - Jamie Grace

START on Vocal	
1-2	ROCK – RECOVER – BEHIND – SIDE – CROSS R-L
	Rock RF to R side (1), Recover onto LF (2)
3&4	Step RF behind LF (3), Step LF to L side (&), Step RF over LF (4)
5-6	Rock LF to L side (5), Recover onto RF (6)
7&8	Step LF behind RF (7), Step RF to R side (&), Step LF over RF (8)
S2 [9-16] ROCK FWD – RECOVER – COASTER STEP – SIDE ROCK (BODY SWAY) – RECOVER – FWD – BRUSH	
1-2	Rock RF fwd (1), Recover onto LF (2)
3&4	Step RF bwd (3), LF beside RF (&), Step RF fwd (4)
5-6	Rock LF to L side (5), Recover onto RF (6)
(Styling on count 5 – Body Sway while pressing LF facing 9:00 knees slightly bent)	
7-8	Step LF fwd (7), Brush RF beside LF (8)
☆Restart here	during Wall 6
S3 [17-24] CROSS – SIDE – COASTER STEP X2	
1-2	Cross RF over LF (1), Step LF to L side (2)
3&4	Step RF bwd (3), Step LF beside RF (&), Step RF fwd (4)
5-6	Cross LF over RF (5), Step RF to R side (6)
7&8	Step LF bwd (7), Step RF beside LF (&), Step LF fwd (8)
ARestart here	
S4. [25-32] ¼ PADDLE L X2, SHUFFLE FWD, ¼ PIVOT R	
1-4	Step RF fwd (1), ¼ Pivot L LF in place facing 9:00 (2), Step RF fwd (3), ¼ pivot L LF in place facing 6:00 (4)
☆Restart here during wall 5	
5&6	Step RF fwd (5), Step LF beside RF (&), Step RF fwd (6) 6:00
7-8	Step LF fwd (7), ¼ Pivot R RF in place facing 9:00 (8)
S5. [33-40] BOTAFOGO L-R, ½ L CHASSE TURN	
1&2	•
	Step LF over RF (1), Rock RF to R side (&), Recover onto LF (2)
3&4	Step RF over LF (3), Rock LF to L side (&), Recover onto RF (4)
5-6	Rock LF fwd (5), Recover onto RF (6)
7&8	Turn ¼ L stepping LF to L side facing 6:00 (7), Step RF beside LF (&), Turn ¼ L stepping LF fwd facing 3:00 (8)
S6. [40-48] BOTAFOGO R-L, ½ PIVOT L X2	
1&2	Step RF over LF (1), Rock LF to L side (&), Recover onto RF (2)
3&4	Step LF over RF (3), Rock RF to R side (&), Recover onto LF (4)
5-8	Step RE fwd (5) ¹ / ₂ Pivot L LE in place - move body weight to LE facing 9:00 (6). Step RE fwd

5-8 Step RF fwd (5), 1/2 Pivot L LF in place - move body weight to LF facing 9:00 (6), Step RF fwd (7), ¹/₂ Pivot L LF in place - move body weight to LF facing 3:00 (8)

START AGAIN!

Restarts: Wall 5 starts at 12:00, dance through counts 28, restart facing 6:00 Wall 6 starts at 6:00, dance through counts 16, restart facing 6:00



Wall 7 starts at 6:00, dance through counts 24, restart facing 6:00

Enjoy the Dance.

Contact email: sandrapal59@gmail.com