Now I'm Dancing



编舞者: Sophie Stevens (UK) - January 2023

音乐: Bam Bam (feat. Ed Sheeran) - Camila Cabello



Music available on iTunes, Spotify and Amazon

#32 Count Intro (after lyrics: But, not everything works out, no)

S1: R Kick Ball Change, R Kick Ball Change, R Jazz Box.

1 & 2	Kick Right Forward, Step in place on Ball of Right, Step Forward on Left
3 & 4	Kick Right Forward, Step in place on Ball of Right, Step Forward on Left

5 Cross Right over Left
6 Step Back on Left
7 Step Right to Right Side
8 Step Left Forward

(On the Jazz Box – Optional Arms to Shimmy)

S2: R Forward Mambo, L Coaster, R Forward Mambo, L Coaster

1 & 2	Rock Forward on Right, Recover on Left, Step Back on Right
3 & 4	Step Back on Left, Step Right Next to Left, Step Forward on Left
5 & 6	Rock Forward on Right, Recover on Left, Step Back on Right
7 & 8	Step Back on Left, Step Right Next to Left, Step Forward on Left

S3: R Shuffle Forward, L Shuffle Forward, R Shuffle Back, L Shuffle Back

1 & 2	Step Right Forward to Right Diagonal, Close Left Next to Right, Step Forward on Right	
3 & 4	Step Left Forward to Left Diagonal, Close Right Next to Left, Step Forward on Left	
5 & 6	Step Right Back to Right Diagonal, Close Left Next to Right, Step Back on Right	
7 & 8	Step Left Back to Left Diagonal, Close Right Next to Left, Step Back on Left	
(On All Shuffles – Optional Arms to push with first to the direction the feet are travelling to)		

S4: R Side Mambo, L Side Mambo, Paddle Turn ¾ L

1 & 2	Rock to Side on Right, Recover on Left, Step Right Next to Left
3 & 4	Rock to Side on Left, Recover on Right, Step Left Next to Right
5	Keeping Weight on Left Touch Right Toes to Floor to Push off into 1/4 Turn Left (9:00)
6	Keeping Weight on Left Touch Right Toes to Floor to Push off into 1/4 Turn Left (6:00)
7	Keeping Weight on Left Touch Right Toes to Floor to Push off into 1/4 Turn Left (3:00)
8	Touch Right to Right Side

(On Paddle Turn – Optional Arms to roll above head)

No Tags, No Restarts.

Ending: On Wall 9 (12:00) After the Side Mambos (28 Counts)

Step Forward on Right to Finish (12:00).