Don't be a Stranger



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Dee Musk (UK) - January 2023

音乐: Don't Be A Stranger (Radio Edit) - Dina Carroll: (Album: Dina Carroll, The Very

Best Of.)



Instrumental prelude for 30 secs, then start counting at the heavy beat for 16 counts more instrumental. The dance starts just before the vocals – approx 45 secs. Track - 4 mins 42 secs. BPM 64. Track available from iTunes.co.uk deedeemusk@gmail.com

Step, Step, ½ Turn Right, ½ Turn Right, ¼ Turn Right, Side, Cross, ¼ Turn Left, ¼ Turn Left, Drag Touch, ¼ Turn Right, Full Turn Right.

1,2& Step forward on R, step forward on L make ½ turn R. (6.00).

3,4& Make ½ turn R stepping back on L, on ball of L make ¼ fall away turn R (slightly lifting R foot)

step R to R side, cross L over R. (3.00).

5 Make ¼ turn L stepping back on R. (12.00).

6& Make ¼ turn L stepping L to L side, drag and touch R beside L. (9.00).

7 Make ¼ turn R stepping forward on R. (12.00).

8& Make ½ turn R stepping back on L, make ½ turn R stepping forward on R. (12.00).

1/4 Turn Right Swaying Left, Sway Right, Sway Left, Side, Touch, Side, Touch, Side, Behind, 1/4 Turn Right, Full Spiral Turn Right, Run, Run.

1,2& Make ¼ turn R swaying L to L side, sway R, sway L.

3&4& Step R to R side, touch L beside R, step L to L side, touch R beside L.

5 Step R to R side.

Cross step L behind R, make ¼ turn R stepping forward on R.
Step forward on L making a full spiral turn R (weight forward on L).

8& Run forward R, run forward L. (6.00).

Step with Kick, Back, Together, Forward with Ronde Hitch, Cross, Side, 1/8 Turn Right, Back Rock, Recover, ½ Turn Left, Back Rock, Recover, ½ Turn Right.

1 Step forward on R kicking L foot forward.

2&3 Step back on L, step R beside L, step forward on L hitching R knee in front of L.

4& Cross R over L, step L to L side.

5,6& Make 1/8 turn R rocking back on R, recover weight to L, make ½ turn L stepping back on R

(facing 1.30).

7,8& Rock back on L, recover weight to R, make ½ turn R stepping back on L. (7.30).

1/8 Turn Right, Side, Back Rock, Recover, Side, Behind, Side, Step, ½ Turn Left, ½ Turn Left, Step Back with Drag, Back, Together.

1,2& Make 1/8 turn R stepping R to R side, cross rock L behind R, recover weight to R.

3,4& Step L to L side, cross step R behind L, step L to L side. **Restart 1 during wall 3, begin

again facing 3.00.

5,6& Step forward on R, make ½ turn L, make ½ turn L stepping back on R.

Step back on L dragging R to beside L.Step back on R, step L beside R. (9.00).

Ending – Dance to count 5 of Section 2 – then - Cross L behind R, step R to R side, step forward on L, make spiral full turn R, sweeping L in front of R. \Box

Enjoy

^{**}Restart 2 – During wall 5 - begin again facing 6.00.

