My People (aka 6 Toe Stomp)

墙数:4

级数: Beginner

编舞者: Willie Brown (SCO) - January 2023

音乐: MY PEOPLE - James Johnston

Intro; On vocals / 16 counts (app 7 secs)

拍数: 32

SECTION 1 – HEEL, TOGETHER x2, STOMP 2, HEEL HOOK

- 1,2 Touch Right heel forward, step Right beside Left taking weight
- 3,4 Touch Left heel forward, step Left beside Right taking weight
- 5,6 Stomp Right beside Left, stomp Left beside Right
- 7,8 Touch Right heel forward, hook Right foot across Left shin

SECTION 2 - FORWARD, TOUCH, BACK, KICK, BACK, TOGETHER, STOMP x2

- 1,2 Step forward on Right, touch Left toe beside Right
- 3,4 Step back on Left, kick Right forward
- 5,6 Step back on Right, step Left beside Right
- 7,8 Stomp Right forward, stomp Left beside Right

*Restart here during walls 4 & 10

SECTION 3 - TOE POINT x4 MAKING ¼ TURN

This section makes a gradual 1/4 turn to the Right

- 1,2 Point Right toe out to Right side, step Right beside Left
- 3,4 Point Left toe out to Left side, step Left beside Right
- 5,6 Point Right toe out to Right side, step Right beside Left [3]
- 7,8 Point Left toe out to Left side, step Left beside Right

*During the chorus when he sings about 'My People' walls 3,7,11 repeat counts 5-8 (2 more 'toes') but still only making 1/4 turn

SECTION 4 - VINE RIGHT, VINE LEFT

- 1,2 Step Right to Right side, cross Left behind Right
- 3,4 Step Right to Right side, touch Left toe beside Right
- 5,6 Step Left to Left side, cross Right behind Left
- 7,8 Step Left to Left side, touch Right toe beside Left

*At the end of wall 11 add Stomp R, Stomp L

...START AGAIN...

Extra 'bits'; Wall 3 – 6 'toes' instead of 4 Wall 4 – restart after 16 counts Wall 7 – 6 'toes' instead of 4 Wall 10 – restart after 16 counts Wall 11 – 6 'toes' instead of 4 PLUS 2 extra stomps at the end

It seems a lot but the song will guide you

