Amada Mia Amore Mio



拍数: 32 **墙数:** 4 **级数:** Beginner

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音乐: Amada mia amore mio (Original Mix) - Mike de Ville



Part 1: Charleston Step

12	RF point fwd - RF step back
3 4	LF point bwd - LF step fwd
5 6	RF point fwd - RF step back
7 8	LF point bwd - LF step fwd

Part 2: Jazzbox - Chassé - Cross Rock - Chassé

1 2	LR cross over	IF-IF	back and a	1/4 turn t	o riaht

3&4 RF to side - LF close to RF - RF to side
5 6 LF cross over LF - RF back on place
7&8 LF to side - RF close to LF - LF to side
If you like, you can add Chicken Wings in this part, for Fun

Part 3: Point Point Sailor Step - Point Point Sailor Step

1 2	RF point (or kick) over LF - RF point (or kick) to diagonal right fwd

3&4 RF cross behind LF - LF close to RF - RF to side

5 6 LF point (or kick) over RF - LF point (or kick) to diagonal left fwd

7&8 LF cross behind RF - RF close to LF - LF to side

If you like, you can add an "Uhh Uhh" at the Points/Kicks

Part 4: Step Turn - Shuffle - Step - Stomp - Clap

12	RF step fwd, 1/2 turn to left and LF step fwd
3&4	RF fwd - LF close or Lock to RF - RF fd
5 6	LF step fwd, 1/2 turn to right and RF step fwd
7 8	LF Stomp fwd - Clap your hand

Tag: After Wall 2 and 6

1-4 Put your right Hand in the Air and pull it down while your Body is doing a Bodyroll **You can also Just snap in the Air, or do some other funny moves.**

Last Update: 16 Jan 2023