Jambalaya Tonight!

级数: Easy Intermediate

编舞者: Lana Wilson (USA) - 19 January 2023

音乐: Jambalaya (On the Bayou) - Eddy Raven & Jo-El Sonnier

Also:-

Jambalaya, Hank Williams, 83 bpm

拍数: 32

Jambalaya, Asleep At The Wheel, 98 (live)

HEEL STRUTS, SHUFFLE FWD, CROSS, RECOVER, SIDE, RECOVER

- 1& Step R heel forward, drop R toe
- 2& step L heel forward, drop L toe
- 3&4 Shuffle fwd RLR
- 5-6 Cross L over R, recover on R
- 7-8 Rock L to left, recover on R

SIDE, BEHIND, 1/4 TRIPLE, SIDE, BEHIND, TRIPLE IN PLACE

- 9-10 Step L to left, step R behind L
- 11&12 Triple LRL turning 1/4 left (9:00)
- 13-14 Step R to right, step L behind R
- 15-16 Step RLR in place

FWD, KICK, COASTER, SYNC ROCKING CHAIR, ROCK FWD, SCUFF

- 17-18 Step L forward, kick R forward
- 19&20 Step R back, step L beside R, step R forward
- 21&22& Rock L forward, recover on R, rock L back, recover on R
- 23-24 Rock L forward, scuff R forward (3:00)

HEEL, HOLD & HEEL & HEEL & CROSS, 1/2 UNWIND, STEP, STEP

- 25-26 Touch R heel forward, hold
- & Step R beside L
- 27& Touch L heel forward, step L beside R
- 28& Touch R heel forward, step R beside L
- 29-30 Cross L over R, unwind 1/2 right weight on L
- 31-32 Step R to center, step L beside R.

Begin Again

Note: I put 3 Jambalaya versions that I have on this sheet. Feel free to pick any other Jambalaya that fits you and your dancers. There are many more artists that recorded this. Many dances have also been many dances choreographed to this song. None seemed to work for me and my class. So I wrote one.





墙数

墙数:2