Simpa (Симпа)

拍数: 32

级数: Beginner

编舞者: Angéline Fourmage (FR) - 12 January 2023

音乐: Simpa (Симпа) - RaiM & Artur & Adil

Start: 8 s. approximately (16 counts)

[1-8] Side, Hold, Together, Hold, Side, Hold, Together, Hold

- 1-2 RF to the R side, Hold (Option: Shimmy)
- 3-4 RF next to LF, Hold (Option: Shimmy)
- 5-6 LF to the L side, Hold (Option: Shimmy)
- 7-8 LF next to RF, Hold (Option: Shimmy)

[9-16] Back, Hitch, Forward, Hitch, 1/8 L, 1/8 L

- 1-2 RF back, L hitch FW
- 3-4 LF FW, R hitch FW
- 5-6 RF FW, pivot 1/8 L
- 7-8 RF FW, pivot 1/8 L

[17-24] Side, Hold, Together, Hold, Side, Hold, Together, Hold

- 1-2 RF to the R side, Hold (Option: Shimmy)
- 3-4 RF next to LF, Hold (Option: Shimmy)
- 5-6 LF to the L side, Hold (Option: Shimmy)
- 7-8 LF next to RF, Hold (Option: Shimmy)

[25-32] Back, Hitch, Forward, Hitch, 1/8 L, 1/8 L

- 1-2 RF back, L hitch FW
- 3-4 LF FW, R hitch FW
- 5-6 RF FW, pivot 1/8 L
- 7-8 RF FW, pivot 1/8 L

[33-40] Vine, Touch, Vine, Touch

- 1-2 RF to the R side, Cross LF behind RF
- 3-4 RF to the R side, Touch LF next to RF
- 5-6 LF to the L side, Cross RF behind LF
- 7-8 LF to the L side, Touch RF next to LF

[41-48] Walk, Walk, Walk, Walk, Side, ¼ L, Touch, Side, Touch

- 1-2 RF FW, LF FW
- 3-4RF FW, LF FW
- 5-6 Make ¼ L with RF to the R side, Touch LF next to RF
- 7-8 LF to the L side, Touch RF next to LF

Smile et enjoy the dance

Contact: maellynedance@gmail.com





墙数:4

4