

# Big Energy Remix

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Foo Sally (MY) - January 2023  
音乐: Big Energy (Remix) (feat. DJ Khaled) - Latto & Mariah Carey



**DANCE SEQUENCE : No tag no restart**

**Begin dance approximately at 0.24 sec of track**

**(1-8) SEC 1: WALK FORWARD Rf, Lf, Rf, Lf , (Rf CROSS FORWARD TOUCH, SIDE TOUCH) X 2**

1-4            (1) Step Rf fwd (2) step Lf fwd (3) Step Rf fwd, (4) Step Lf fwd  
5-8            (5) Touch Rf fwd over Lf , (6) Touch Rf to right side , (7) Touch Rf fwd over Lf, (8) Touch Rf to side.

**(9- 16) SEC 2: WALK BACKWARD Rf, Lf, Rf, Lf , SWINGING CHARLESTON FORWARD AND BACK**

1-4            (1) Step Rf back, (2) Step Lf back behind Rf (3) Step Rf back behind Lf (4) Step Lf back  
5-6            (5) Touch Rf forward (with a slight swing), (6) Lf in place, Rf step back.  
7-8            (7) Touch Lf back, (8) Rf in place , Step Lf forward

**(17-24) SEC 3: HALF RUMBHA BOX FORWARD RIGHT. Lf STEP TO LEFT , Rf CROSS AND KICK OVER Lf , & RECOVER TO RIGHT . Lf CROSS OVER Rf AND KICK, Lf RECOVER TO LEFT.**

1-2            (1) Step Rf to right , (2) Step Lf beside Rf  
3-4            (3) Step Rf Forward, (4) Step Lf forward touch next to Rf.  
5-6            (5) Step Lf to Left side , (6) Rf cross and kick over Lf .  
7-8            (7) Rf recover to right, (8) Lf cross and kick to left.

**(25 -32) SEC 4: RF SAILOR, RECOVER, Lf SAILOR ¼ TURN LEFT FORWARD, Rf ROCK FORWARD, PIVOT ½ TURN LEFT , Rf STEP FORWARD**

1-2            (1) Lf step in place. ( 2) Rf cross behind Lf,  
3-4            (3) Rf recover to right (4) Lf cross behind Rf ¼ turn Left ,  
5              (5) Lf step forward.  
6              (6) Step Rf forward  
7              (7) Lf, Rf pivot ½ turn Left ,  
8&            (8) Rf step fwd , (&) Lf step next to Rf.

**End of 32 counts. Dance Begins at 12.00 , 3.00, 6.00, 9.00 ending at 12.00 with Section 1- 8 counts and Walk back Rf, Lf pose.**

**Contact: Sallywcfong@Gmail.com Happy dancing**