# I Need a Hero

| 拍数: 32 | 墙数: 4 | 级数: Beginner |
|---|---|---|

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音乐: Holding Out for a Hero - Adam Lambert

Intro: 16 counts after when heavy beat start

**[1-8] Point, Together, Point, Together, Kick, Back, Kick, Together,**

| 1-2 | RF point side right, RF beside left |
|---|---|
| 3-4 | LF point side left, LF beside right |
| 5-6 | RF kick fwd, RF step back |
| 7-8 | LF kick fwd, LF beside right |

**[9-16] Point, Together, Point, Together, Out Out, In In,**

| 1-2 | RF point side right, RF beside left, |
|---|---|
| 3-4 | LF point side left, LF beside right, |
| 5-6 | RF step diagonally right fwd, LF step diagonally left fwd |
| 7-8 | RF back center, LF beside RF |

**[17-24] Step Forward, Pivot ½ Turn, Step, Hold, Step Forward, Pivot ½ Turn, Step, Hold,**

| 1-2 | Step right fwd, ½ turn left, (weight on left) (6:00) |
|---|---|
| 3-4 | Step right fwd, hold, |
| 5-6 | Step left fwd, ½ turn right, (weight on right) (12:00) |
| 7-8 | Step left fwd, hold |

**[25-32] Jazz Box ¼ Turn, Toe Strut, Toe Strut,**

| 1-2 | Cross right step over on left, left step back |
|---|---|
| 3-4 | ¼ turn right and RF step fwd, step left beside RF |
| 5-6 | RF on toe beside LF, RF drop heel down |
| 7-8 | LF on toe beside RF, LF drop heel down |

**\*Tag 1: After wall 4 (facing 12:00)**
**\*8 counts: Point forward, Together x4**

**\*\*Tag 2 & 3: After wall 6&8 (facing 6:00-12:00)**
**\*\*4 counts: Point forward, Together x2**