# Ol' Church Hymn (You Soothe My Soul)



拍数: 32 墙数: 4 级数: Improver

编舞者: Susan Doyle (USA) - February 2023

音乐: Ol' Church Hymn (feat. Chapel Hart) - Darius Rucker



#### \*8 Count Intro, start with vocals

#### Section 1: [1-8] WALK FORWARD, STEP-LOCK-STEP, 1/4 TURN RIGHT HIP SWAYS L & R, WEAVE RIGHT

Walk forward R. L

3 & 4 Step forward on R @ diagonal, Step/slide L behind R, Step forward on R

5 - 6Step L 1/4 turn right swaying hips L, R

7 & 8 Step L behind R, Step R to right, Cross L over R

Restart #1 here: Begin wall 3, restart after 8 counts (9:00)

## Section 2: [9-16] RIGHT SIDE TOGETHER FORWARD, LEFT SIDE TOGETHER FORWARD, ½ TURN LEFT FORWARD POINT, FORWARD POINT

1 & 2	Step R to right, Step L beside R, Step R forward
3 & 4	Step L to left, Step R beside L, Step L forward

Step R forward making ½ turn pivot left (ensure weight is on R), Tap L toe forward 5 - 6

7 - 8Step L forward, Open shoulders to L diagonal as you point R forward

Restart #2 here: Begin wall 6 (3:00), restart after 16 counts (12:00)

## Section 3: [17-24] SAILOR STEP 1/4 TURN LEFT, RIGHT CROSS SAMBA, LEFT CROSS SAMBA 1/4 TURN LEFT, MAMBO STEP BACK

&1&2	Recover weight on R, Sweep L behind R making 1/4 turn left, Step R to right, Step L to left
3 & 4	Cross R over L, Rock L to left side, Recover onto R
5 & 6	Cross L over R, Step R to right side making ¼ turn left, Recover onto L
7 & 8	Rock R forward, Recover weight on L, Step back on R

### Section 4: [25-32] WALK BACK L, R, WITH TOE FANS, COASTER STEP, WEAVE RIGHT TO LEFT

1 – 2	Step back on L fanning R toes to right side keeping R neel on the floor, Step Back on R
	fanning L toes to left side keeping L heel on the floor
3 & 4	Step back on L, Step R back next to L, Step L forward
5 & 6 &	Step R to right, Step L behind R, Step R to right side, Step L to left side
7 & 8	Step R behind L, Step L to left side, touch R toe next to L

Restart #1: Begin wall 3 (6:00), restart after 8 counts (9:00) Restart #2: Begin wall 6 (3:00), restart after 16 counts (12:00)