My Dearest (最愛)



编舞者: Cat So (AUS) - February 2023

音乐: Zui Ai (最愛) - Vivian Chow (周慧敏)



Start dance after 24 counts

Sec 1 Cross rock side, touch, syncopated scissor step

1 2 3 4 Cross with right foot (1), recover on left foot (2), side with right foot (3), touch left foot close to

right (4)

5 6 7 8 Side with left foot (5), hold (6), together with right foot (7), cross with left foot (8) ending 12

o'clock

Sec 2 Side, spiral ½ turn, side together forward

1 2 Side with right foot (1), spiral ½ turn to the left with weight on right foot (2)

3 4 5 6 Side with left foot (3), together with right foot (4), forward with left foot (5), hold (6) ending 6

o'clock

Sec 3 1/4 turn with diamond steps

7 8 1 2 Cross with right foot (7), side with left foot turning 1/8 turn to the right (8), back with right foot

(1), sweep left foot from front to back (2)

3 4 5 6 Back with left foot (3), side with right foot turning 1/8 turn to the right (4), cross with left foot

(5), sweep right foot from back to front (6) ending 9 o'clock

Sec 4 Weave, back ½ turn step, full turn

7 8 1 2 Cross with right foot (7), side with left foot (8), back with right foot (1), sweep left foot from

front to back (2)

3 4 5 6 Back with left foot (3), ½ turn to the right with right foot (4), forward with left foot (5), hold (6)

7 8 ½ turn to the left with right foot (7), ½ turn to the right with left foot (8) ending 3 o'clock

Restarts:

On wall 6 after count 24, facing 12 o'clock

On wall 7 after count 16 with step change facing 6 o'clock: side with left foot without turning on count 16

Tag: Sway, sway and touch

1 2 3 4 Side with right foot and sway to the right (1), hold (2), side with left foot and sway to the left

(3), touch with right foot close to left (4)

Tag after wall 4 facing 12 o'clock, wall 10 facing 3 o'clock and wall 12 facing 9 o'clock

Happy dancing!

Contact: catlcso@gmail.com