I Can Buy Myself Flowers



编舞者: Jamie Sweet (USA) - February 2023

音乐: Flowers - Miley Cyrus



Start after she says Burn (0:25 sec) on MMM

NO TAGS OR RESTARTS

[1-8] HIP BUMPS RR, LL, HIP SWAYS R,L,R,L, FLICK R

1,2	Bump hips R (1), Bump hips R (2
3,4	Bump hips L (3), Bump hips (4)
5,6	Sway hips R (5), Sway hips L (6)

7,8 Sway hips R (7) Sway hips L (8) (weight on L) (add style with a flick R)

[9-16] SHUFFLE BOX (triple steps with 1/4 turns)

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1 & 2	Step R to side, Step L next to R foot, Step R to side
&	On ball of R foot Turn 1/4 L 9:00
3 & 4	Step L to side, Step R next to L foot, Step L to side
&	On ball of L foot Turn 1/4 L 6:00
5 & 6	Step R to side, Step L next to R foot, Step R to side
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& On ball of R foot Turn 1/4 L 3:00

[17-24] WALK x2, OUT, OUT, IN, IN, TWIST 1/2 TURN L

1,2 Walk Forward R (1), L (2)

&3&4 RF steps out to right (&), LF steps out to left (3), RF steps into LF (&), LF steps into RF (4)

5,6,7,8 On balls of feet twist heels to right, center, right, center, ½ turn to your left

Step L to side, Step R next to L foot, Step L to side (NO TURN!)

(add style raise arms above head)

7 & 8

(Alternate Step for twists) Paddle RF 4x ½ turn to the L

[25-32] WALK x2, OUT, OUT, IN, IN, TRIPLE BACK, TRIPLE BACK

1,2 Walk Forward R (1), L (2)

&3&4 RF steps out to right (&), LF steps out to left (3), RF steps into LF (&), LF steps into RF (4)

5&6 Step RF back, Close LF next to R, Step RF back

(Styling Option: Raise R shoulder up (5), Raise L shoulder up (&), Raise R shoulder up (6))

7&8 Step LF back (7), Close RF next to L (&), Step LF back (8)

(Styling Option: Raise L shoulder up (7), Raise R shoulder up (&), Raise L shoulder up (8))

Last Update - 6 Feb. 2023 - R1