

# Ninety to a Hundred

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Kate Kardiff (USA) - February 2023  
音乐: You Proof - Morgan Wallen



**\*\*2 restarts (walls 2 and 4)**

## **SLIDE RIGHT, BACK ROCK, RECOVER, SLIDE LEFT, BACK ROCK, RECOVER**

- 1-2      Slide right, dragging left foot
- 3-4      Rock back left, recover right
- 5-6      Slide left, dragging right foot
- 7-8      Rock back right, recover left

## **TOE STRUT, TOE STRUT, ROCK FWD, RECOVER, WALK BACK X2**

- 1-2      Tap right toe forward, put heel down
- 3-4      Tap left toe forward, put heel down
- 5-6      Rock forward right, recover left
- 7-8      Step back right, step back left

**\*Restart on walls 2 and wall 4: dance 16 counts and restart the dance**

## **TOUCH RIGHT TOE BACK, 1/2 TURN, SIDE ROCK, RECOVER, BEHIND & CROSS, POINT, 1/4 KICK**

- 1-2      Touch right toe back, pivot 1/2 turn on right foot
- 3-4      Side rock left, recover right
- 5&6      Step left behind right, step right to side, cross left over right
- 7      Point right to side
- 8      Kick 1/4 turn to right (weight ends back on left)

## **COASTER STEP, 1/2 TURN PIVOT, SHUFFLE FWD, 1/2 TURN PIVOT**

- 1&2      Step back right, step left beside right, step right forward
- 3-4      Step left forward, 1/2 turn pivot (weight comes fwd on right)
- 5&6      Shuffle forward left-right-left
- 7-8      Step right forward, 1/2 turn pivot (weight comes fwd on left)

**End of dance.**

**Enjoy! ☐**

**Questions? Contact me: [kkardiff@comcast.net](mailto:kkardiff@comcast.net)**