Yesterday Once More



编舞者: Marnyah Supardji (INA) - February 2023

音乐: Yesterday Once More - Carpenters



INTRO MUSIC:4C

S.1# CROSS ROCK - CHASSE - WEAVE

4.0	O D	- 1
1-2	Cross R over L. recover or	1 L

3&4 Step R to right side, close L together, step R to right side

5-6 Cross L over R, step R to side7&8 Cross L behind R, step R to side

S.2# CROSS ROCK - CHASE - WEAVE

1-2 Cross L over R, recover on R

3&4 Step L to left side, close R together, step L to left side

5-6 cross R over L, step L to side7&8 Cross R behind L, step L to side

S.3# (CROSS FORWARD - SIDE TOUCH) RL -(CROSS BEHIND SIDE TOUCH)RL

1-2 Cross R over L, touch L to side
3-4 Cross L over R, touch R to side
5-6 Cross R behind L, touch L to side
7-8 Cross L behind R, touch R to side

S.4# FORWARD ROCK - 1/4 COASTER STEP TO RIGHT WITH SWEEP - FORWARD ROCK - COASTER STEP

1-2 Step R forward, recover on L

3&4 1/4 turn to right step back with sweep (3.00), close L together, step R forward

5-6 Step L forward, recover on R

7-8 Step back on L, close R together, step L forward

#TAG (8C) After wall 4

TOE STRUT - SIDE STEP - SWAY

1-2 Touch R toe forward, droop heel R in place3-4 Touch L toe forward, droop heel L in place

5-6 Step R to right side with sway hip to right, sway hip to left

7-8 Sway hip to right, sway hip to left

Thank you & enjoy the dancing □□□